# **Consumer Trends** 2023





- $\rightarrow$  Launched in 2019 by long time business journalist Dan Frommer
- $\rightarrow$  Exploring how and why people spend their time and money
- $\rightarrow$  Reporting, analysis, and research for anyone who cares what's next
- newconsumer.com



# Coefficient Capital

## **Coefficient Capital**

- → Launched in 2018 by Franklin Isacson and Andrew Goletka
- → Investments in digitally powered consumer brands
- shifts
- $\rightarrow$  coefficientcap.com

 $\rightarrow$  Focus on transformational consumer



### **Coefficient Capital Portfolio**



Personalized pet nutrition



**Cooking solutions for** the new consumer



MAGIC SPOON

Low-carb breakfast innovator

#### HODINKEE

**Content-driven** marketplace

### SESAME

**Direct-to-patient** healthcare

#### **IPO**

### hydrant

THE ORIGINAL



Sustainable, functional hydration

Personalized men's personal care

**Global plant-based** dairy leader



**Next-generation** restaurant brand

NEW lemme

> Innovative wellness brand

**NEW** 



Clinical nutritional formulas

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### **Consumer Trends Report**

- $\rightarrow$  Our goal remains to highlight the profound changes in the consumer landscape and what matters most for the years ahead
- $\rightarrow$  Special thanks to Earnest Analytics for spending data: earnestanalytics.com
- $\rightarrow$  View the latest and our previous reports: newconsumer.com/trends



### **Consumer Trends Survey**

- $\rightarrow$  We've now conducted five surveys of 3,000+ US consumers, most recently in November 2022
- $\rightarrow$  For a closer look at Gen. Z, our survey panel again includes 15- to 18-year-olds
- $\rightarrow$  Powered by Toluna, "delivering real-time" consumer insights at the speed of the ondemand economy" tolunacorporate.com



The "COVID economy"



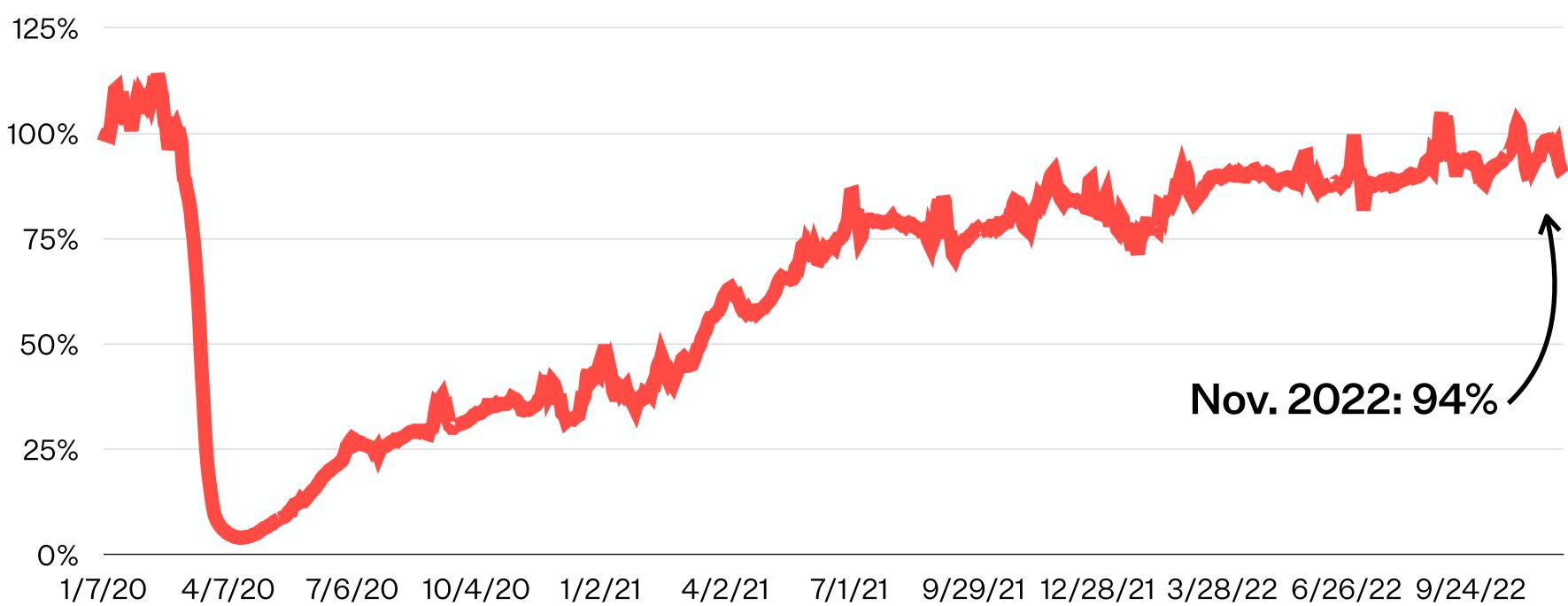
# mostly ended in 2022. A high level of economic uncertainty continues into 2023.

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#### Air travel has now recovered around 95% in the US

#### Daily TSA traveler throughput relative to 2019 'normal'

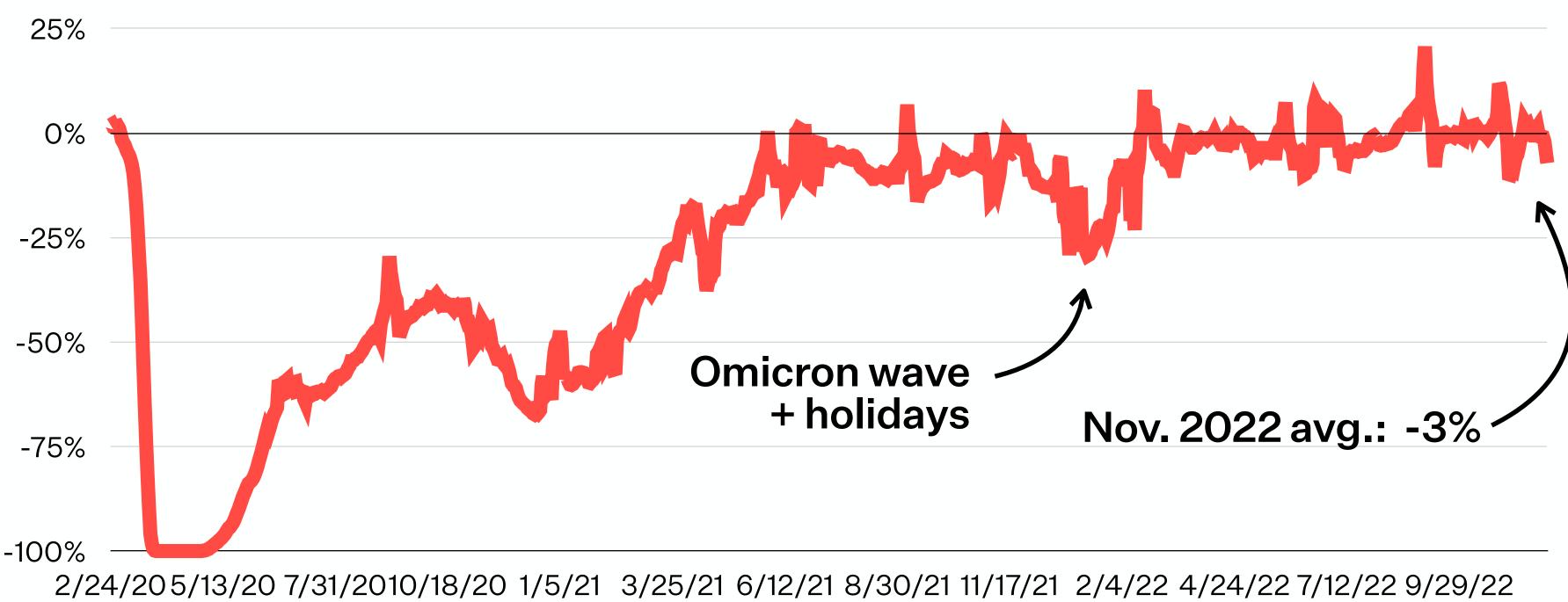


Data: TSA, The New Consumer analysis. 7-day average, same weekday.



#### **Restaurant dining is effectively back to** normal in the US

#### **OpenTable seated diners change vs. 2019 'normal'**

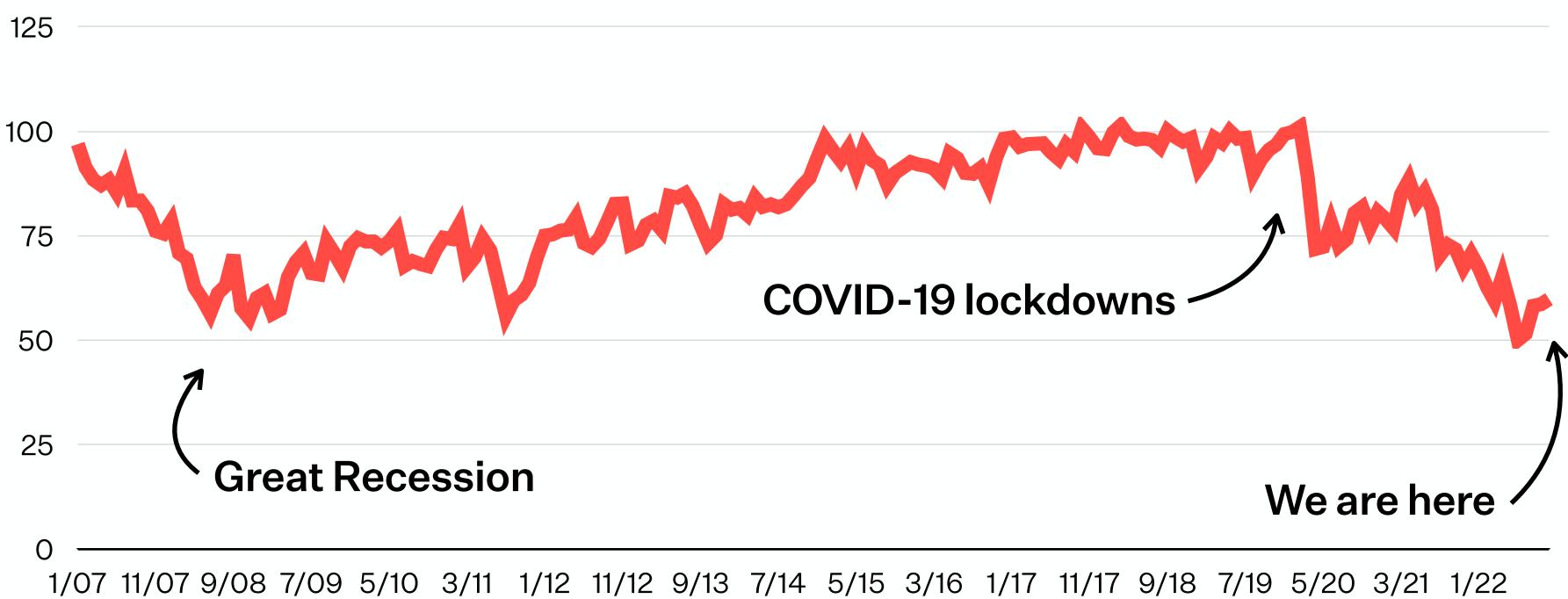


Data: OpenTable. 7-day average, same weekday.



#### **Consumer sentiment has rebounded** slightly from June's all-time low

#### **University of Michigan Consumer Sentiment Index**

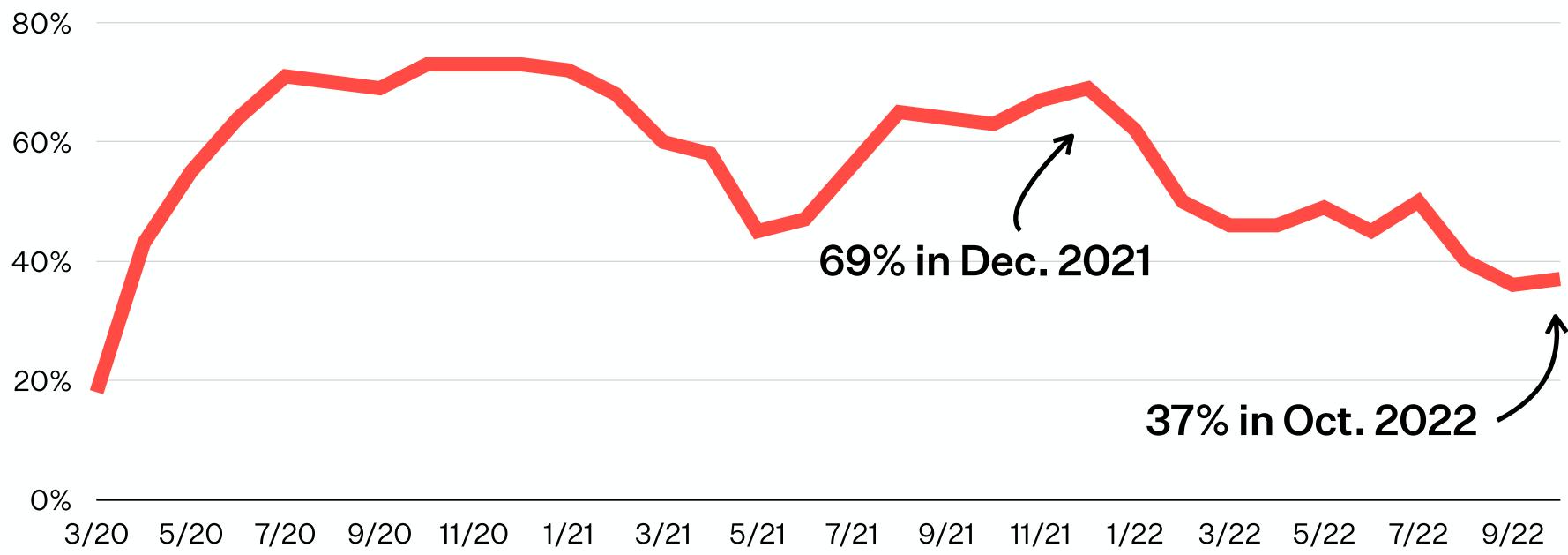


Data: University of Michigan Surveys of Consumers



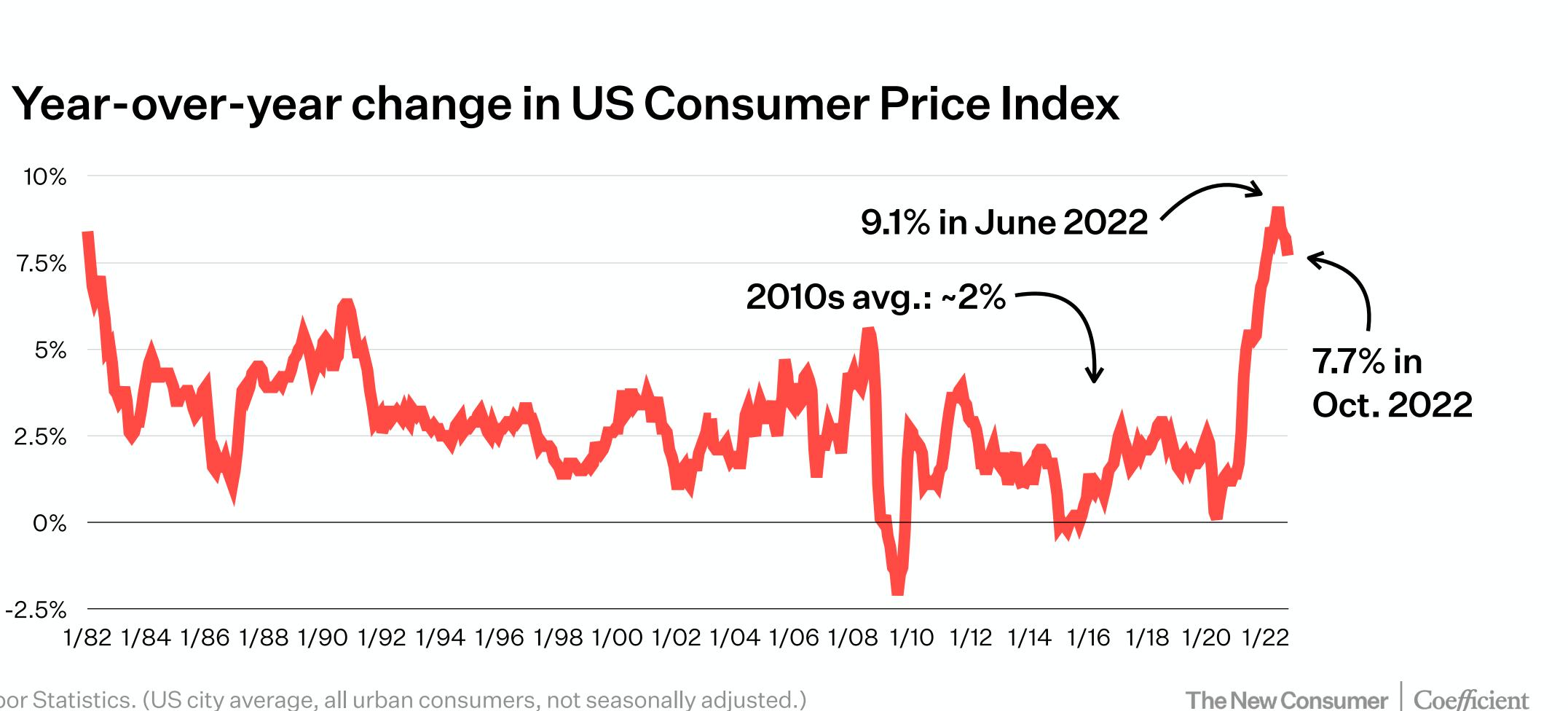
### Just 37% of US consumers now expect the pandemic to be a long-term disruption, the lowest since March 2020

Respondents who believe COVID-19 will disrupt their life for more than 6 months





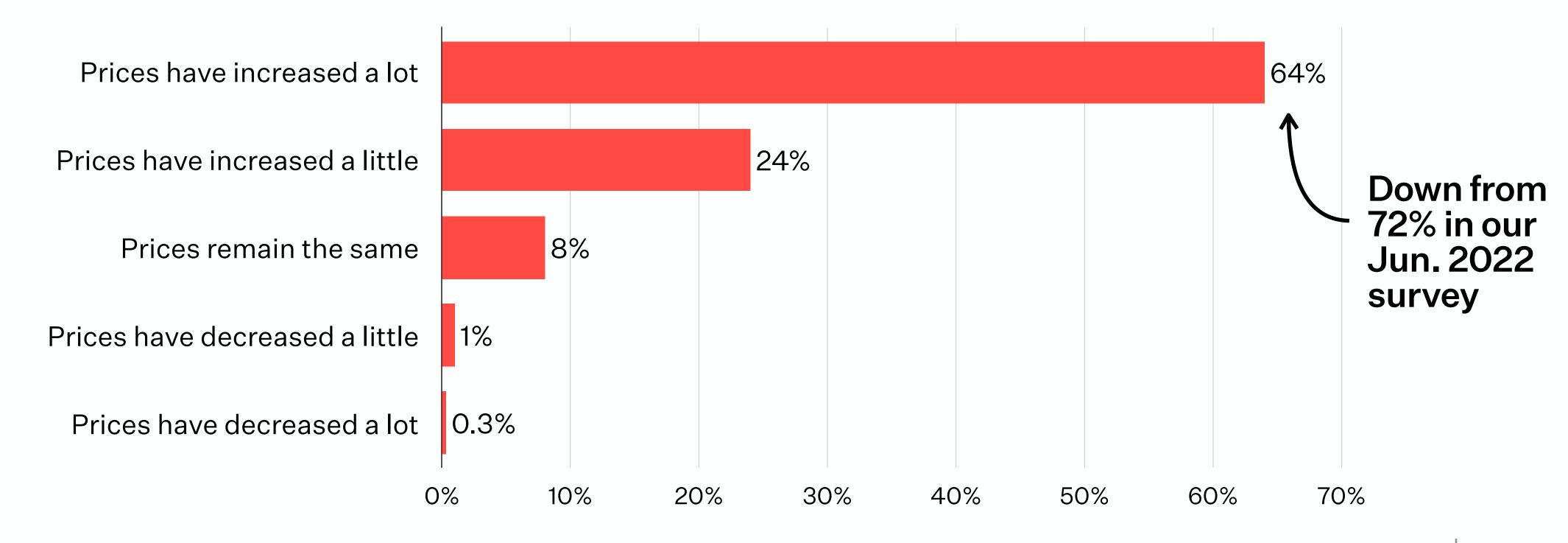
#### Inflation in the US remains at 40-year highs, despite some recent relief



Data: US Bureau of Labor Statistics. (US city average, all urban consumers, not seasonally adjusted.)

#### More than a year in to soaring inflation, it still feels like prices are increasing 'a lot'

#### Percentage of responses: How, if at all, have prices for everyday goods changed over the past six months?



Data: Consumer Trends Survey, powered by toluna\* (n=3273)



### Americans say inflation is the biggest problem right now — COVID fell to 7th

#### Percentage of responses: What's the most important problem in the US right now? (Choose up to three.)

Rising prices / inflation

Gun violence / violent crime

Government / poor leadership

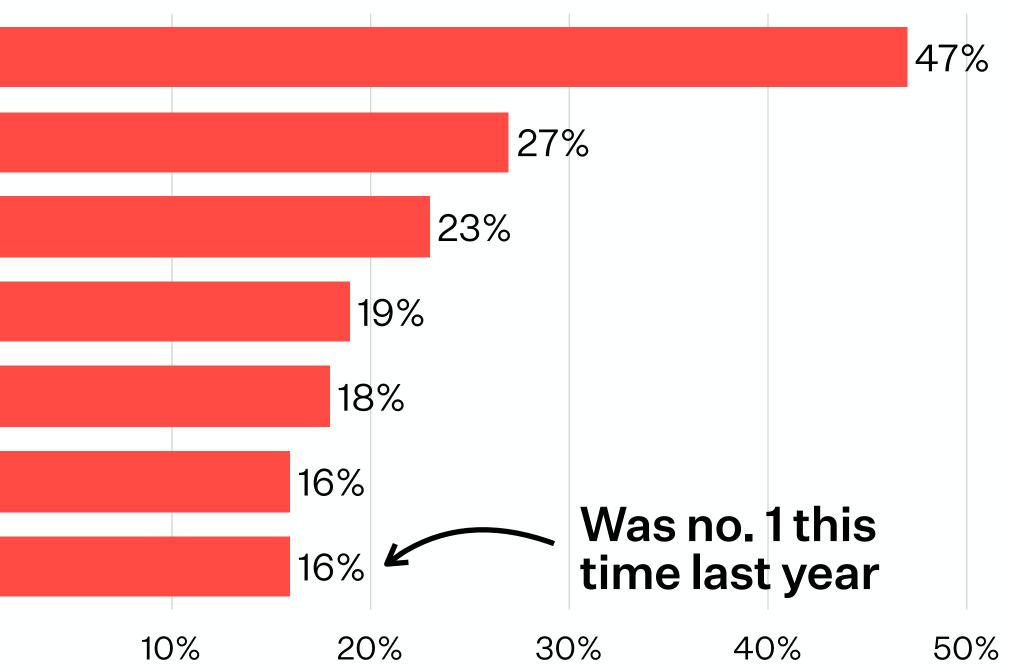
Climate change / environmental concerns

Illegal immigration

Political divide

COVID-19

0%

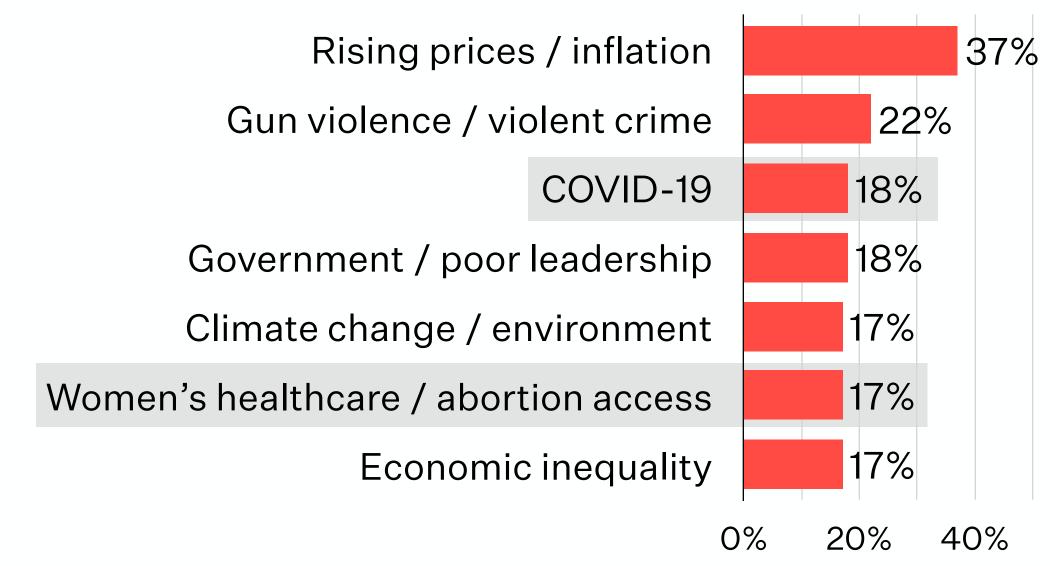




# A generational divide: Older Americans see illegal immigration as a bigger problem

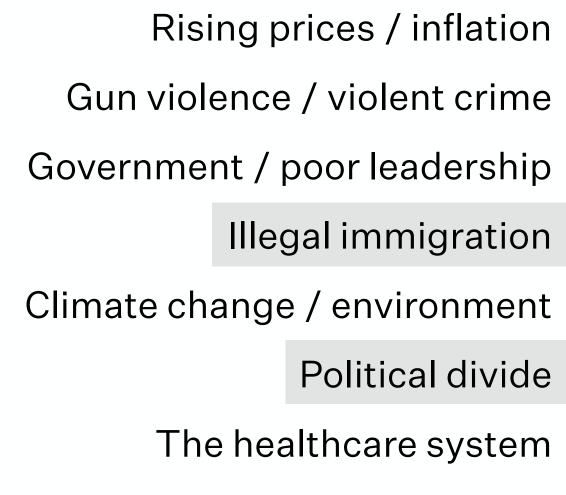
# Percentage of responses by generation: What's the most important problem in the US right now? (Choose up to three.)

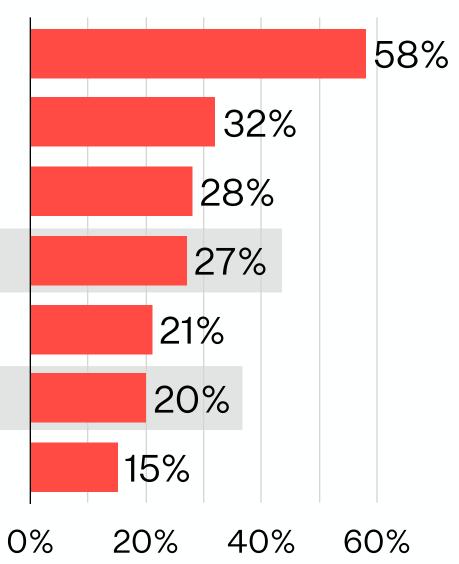
#### Gen. Z and Millennials



Data: Consumer Trends Survey, powered by **toluna\*** (n=3273)

#### Gen. X and older



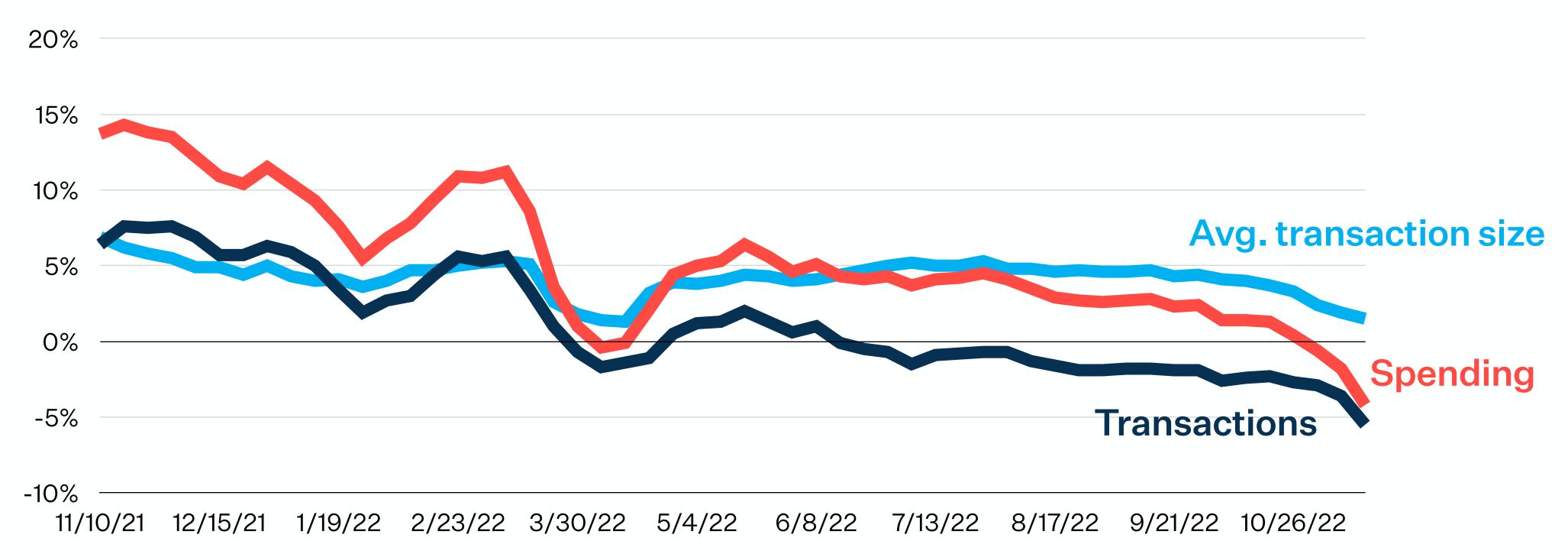






# Consumers are now spending *less* than last year, making fewer, larger purchases

# Year-over-year change in US consumer credit and debit card spending — Earnest Analytics



Data: Earnest Analytics. 4-week trailing average.



# The US consumer is still hurting, but modestly more optimistic about 2023



of consumers say they **feel "moderately" or "very" optimistic about their financial situation right now.** 

That's down from 51% in our July 2021 survey, but up from 33% in June 2022.



say they feel "moderately" or "very" optimistic about their financial situation over the next 12 months.

That's down from 57% in our July 2021 survey, but up from 35% in June 2022.

(Jul. 2021 n=3112, Jun. 2022 n=3377, Oct. 2022 n=3273)

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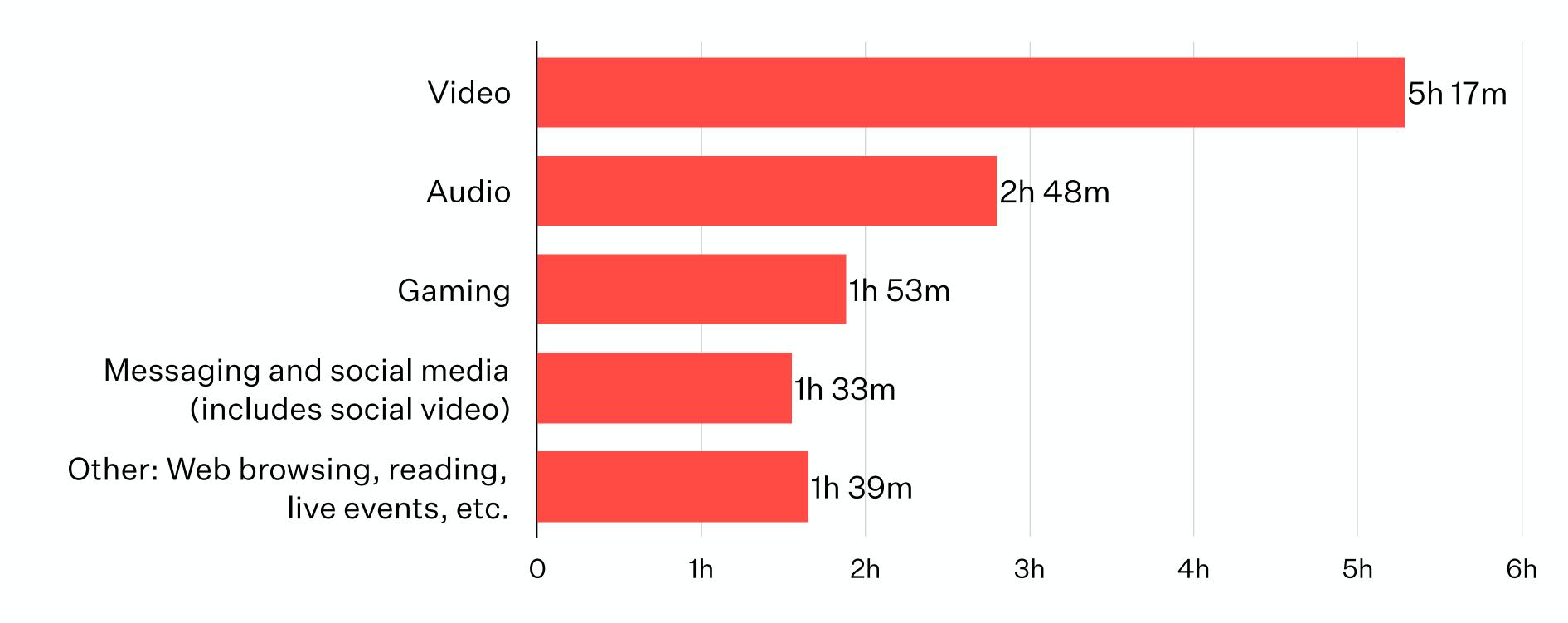
#### The new consumer has voted with their attention, and the winner is TikTok.

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#### The average American spends about 13 hours per day using technology and media

Activate's average estimated daily media and tech consumption in hours and minutes

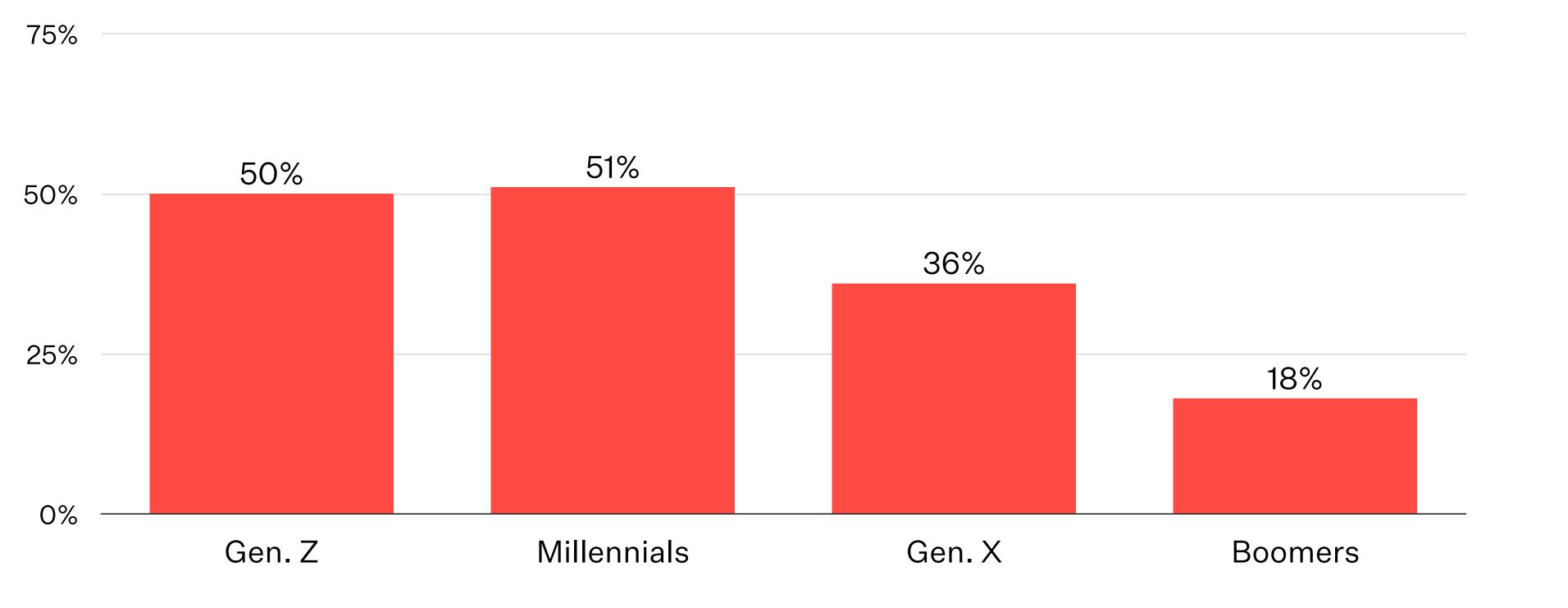


Data: Activate Technology & Media Outlook 2023. Includes multitasking during other activities, which leads to a "32-hour" day.



#### Half of younger Americans say they 'live online'

Percentage of 'Strongly' or 'somewhat' agree responses by generation: How strongly do you agree or disagree with the following statement: I live online

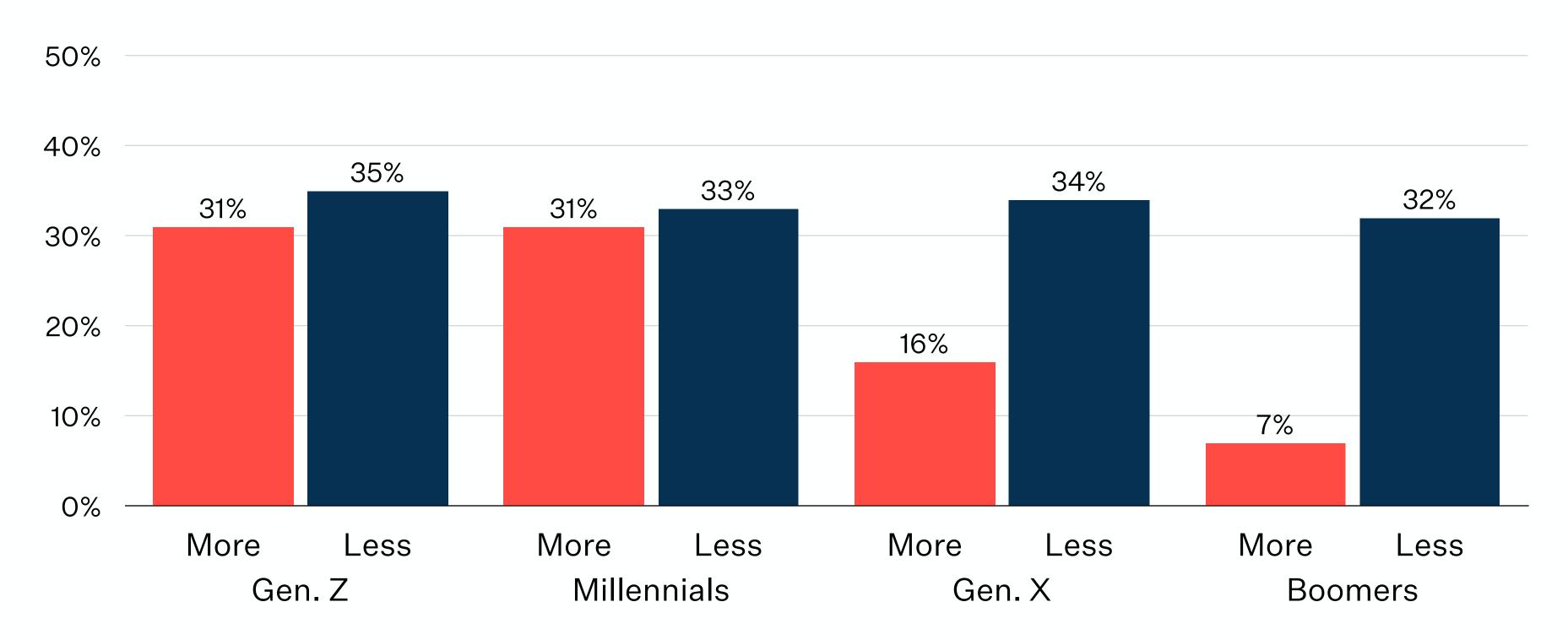


Data: Consumer Trends Survey, powered by **toluna\*** (n=3159)



#### **Do Americans want to spend more** or less time online? Yes.

Percentage of responses by generation: Do you wish you spent more or less time online? (Includes 'much' and 'a bit' more and less.)

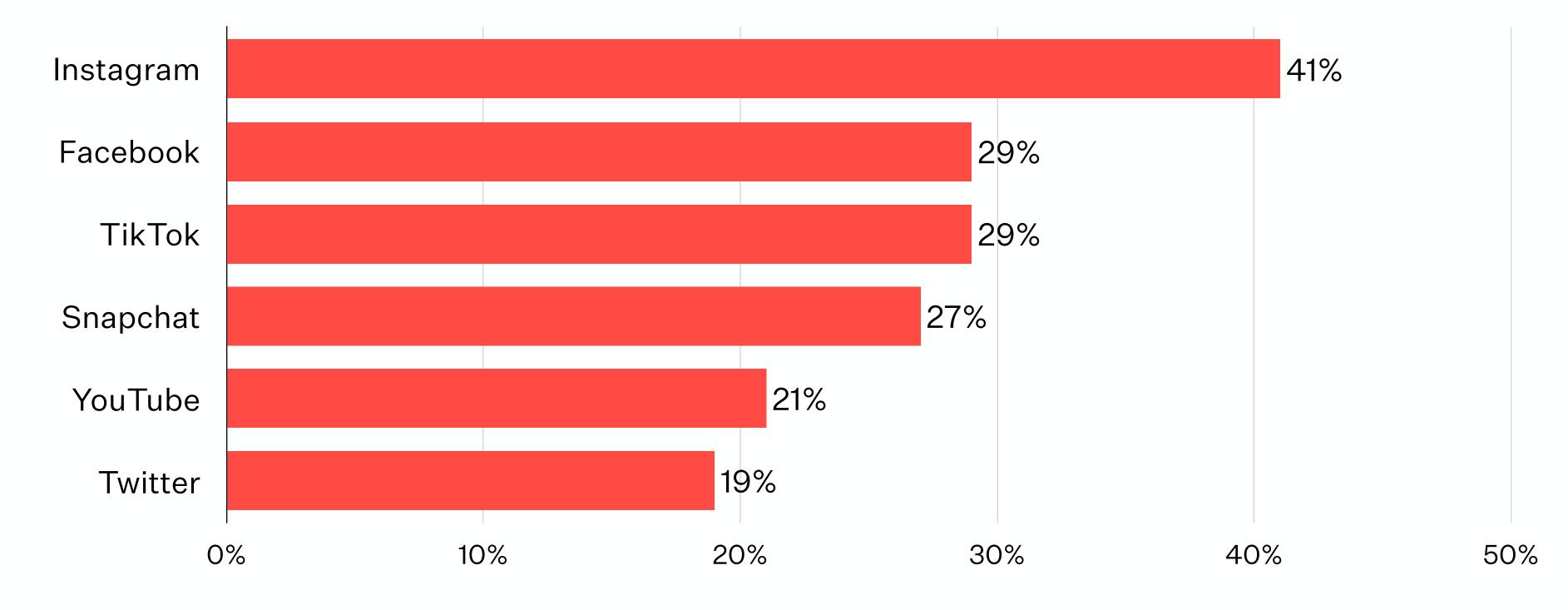


Data: Consumer Trends Survey, powered by **toluna\*** (n=3159. Remaining responses do not want time spent online to change.)



#### Social media apps maintain productmarket fit with robust engagement rates

# day in Q3 2022



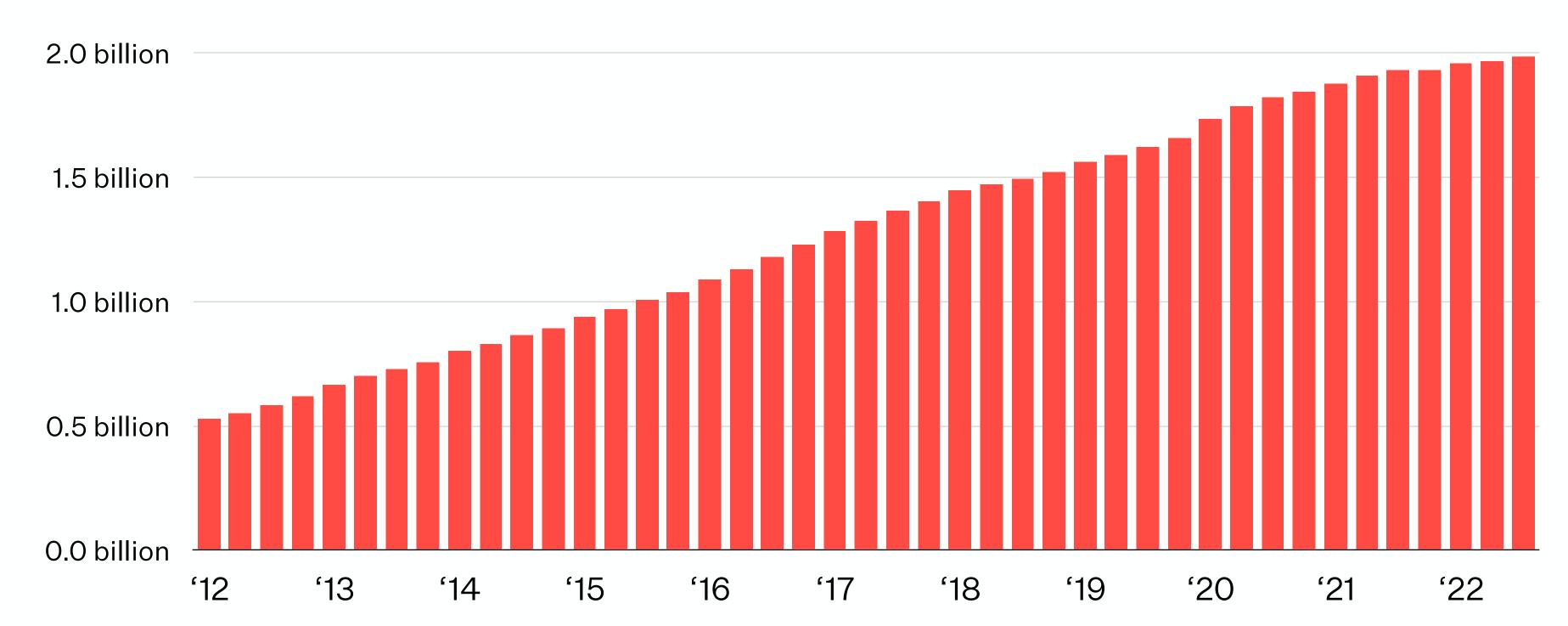
Data: Sensor Tower Consumer Intelligence. Based on global usage of each app's Android version.

Percentage of active Android installs that opened app every



#### Facebook is still the most popular with around 2 billion daily active users

#### Facebook daily active users

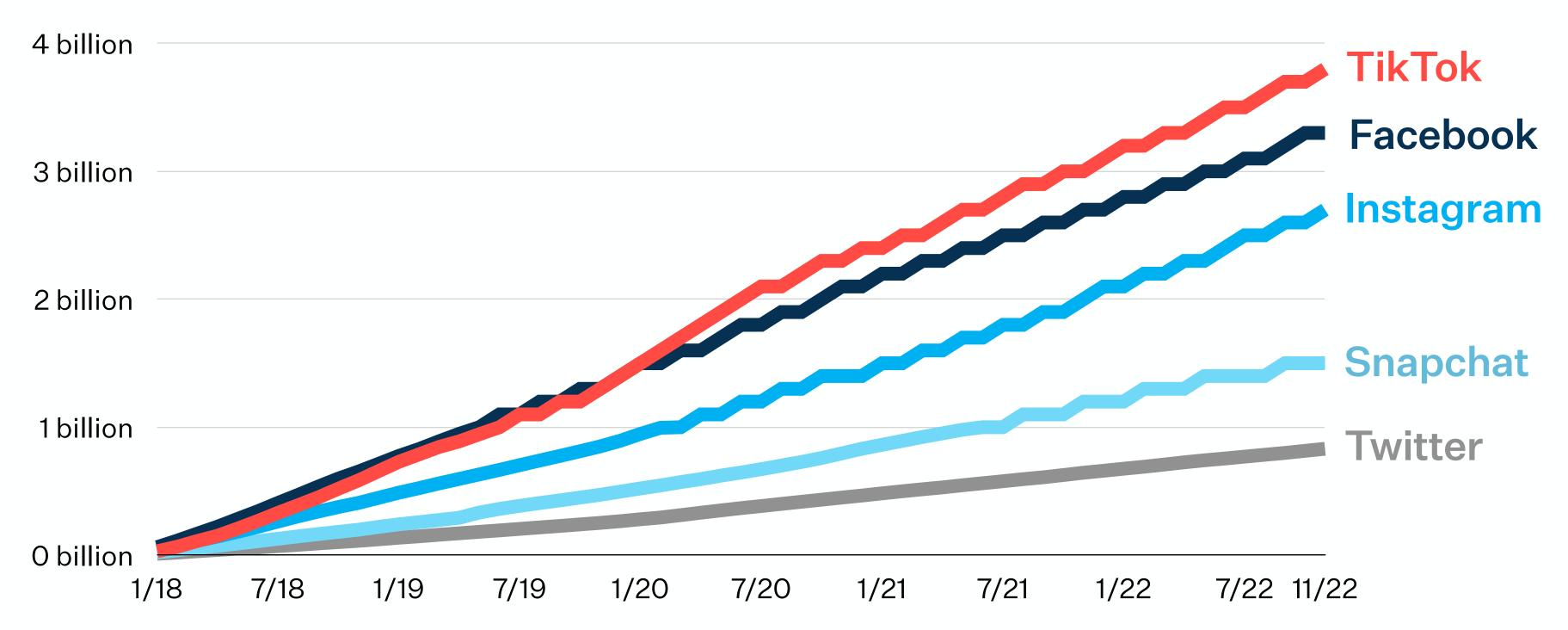


Data: Meta/Facebook



# Since 2018, TikTok has been downloaded the most — around 4 billion times

# Estimated cumulative global downloads from Apple's iOS App Store and Google Play — Sensor Tower

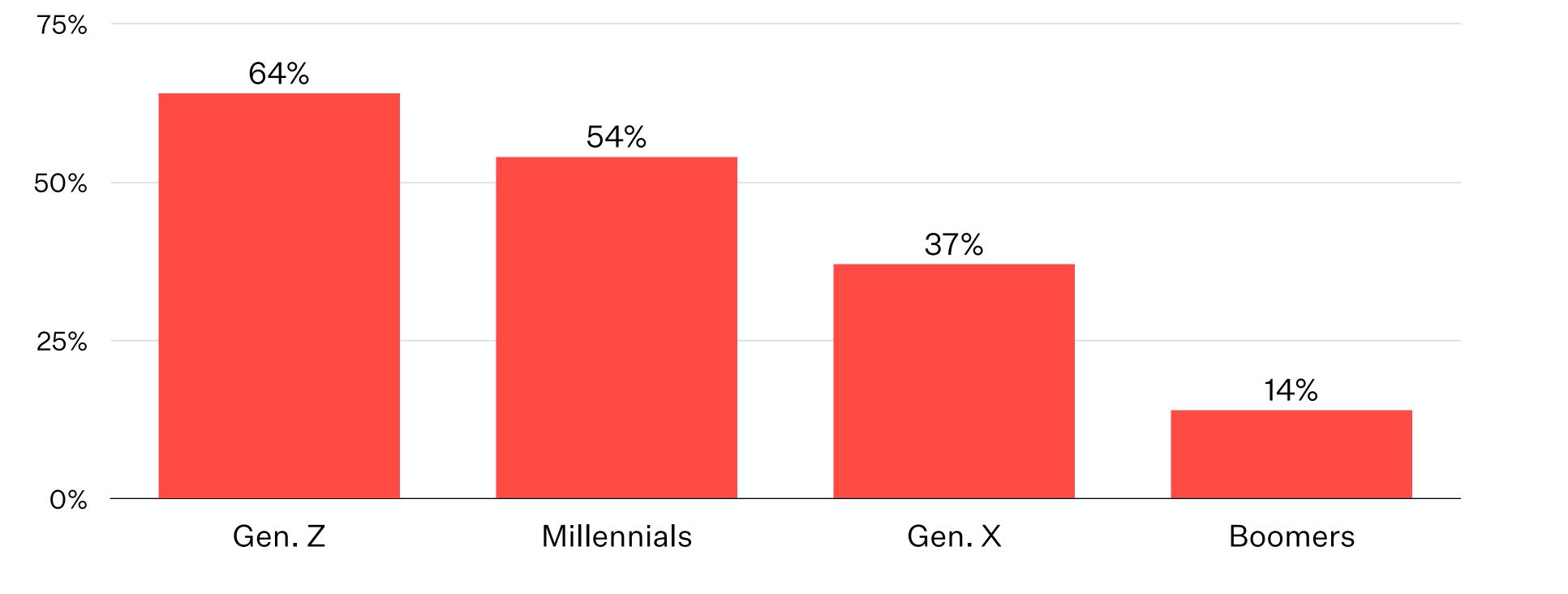


Data: Sensor Tower. TikTok includes Douyin on iOS in China. Excludes third-party Android marketplaces.



# TikTok is most popular with younger consumers

#### Percentage responses by generation: Do you use TikTok?

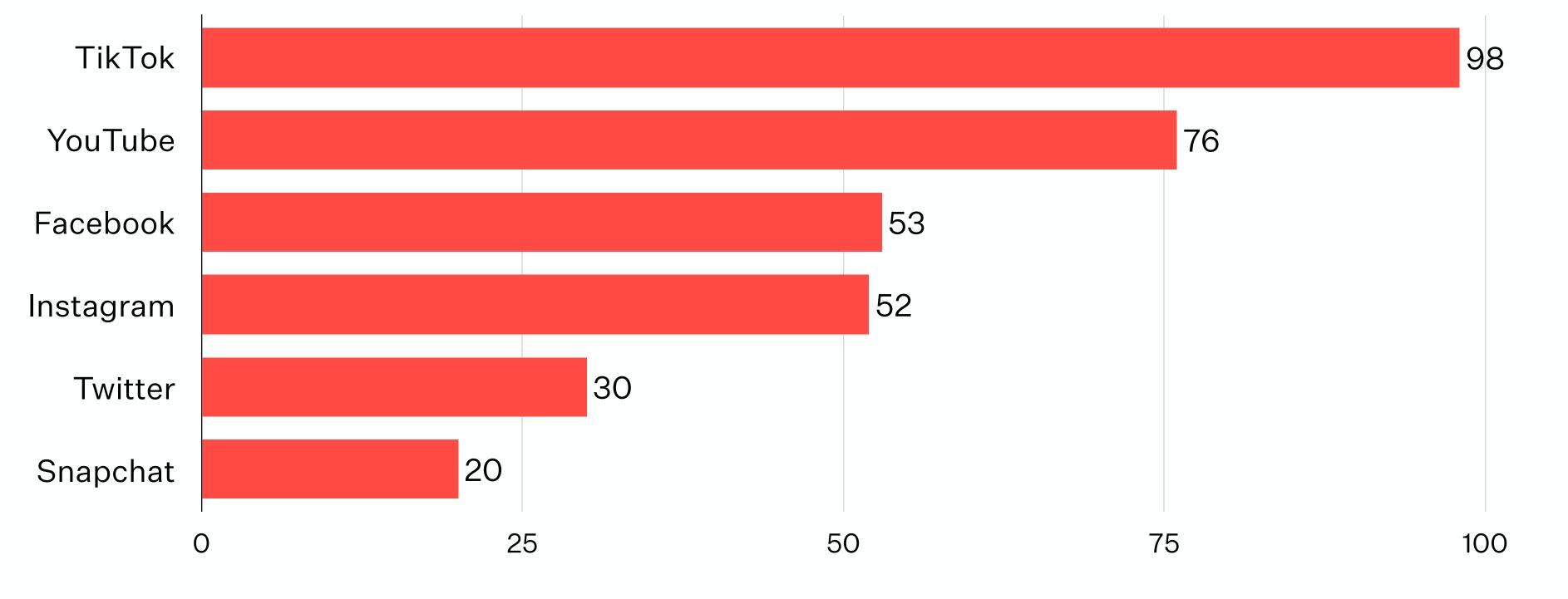


Data: Consumer Trends Survey, powered by **toluna\*** (n=3159)



# TikTok's addictive short-form videos drive ~100 minutes of app usage per day

# Average daily minutes spent in-app, Android users only, during Q3 2022

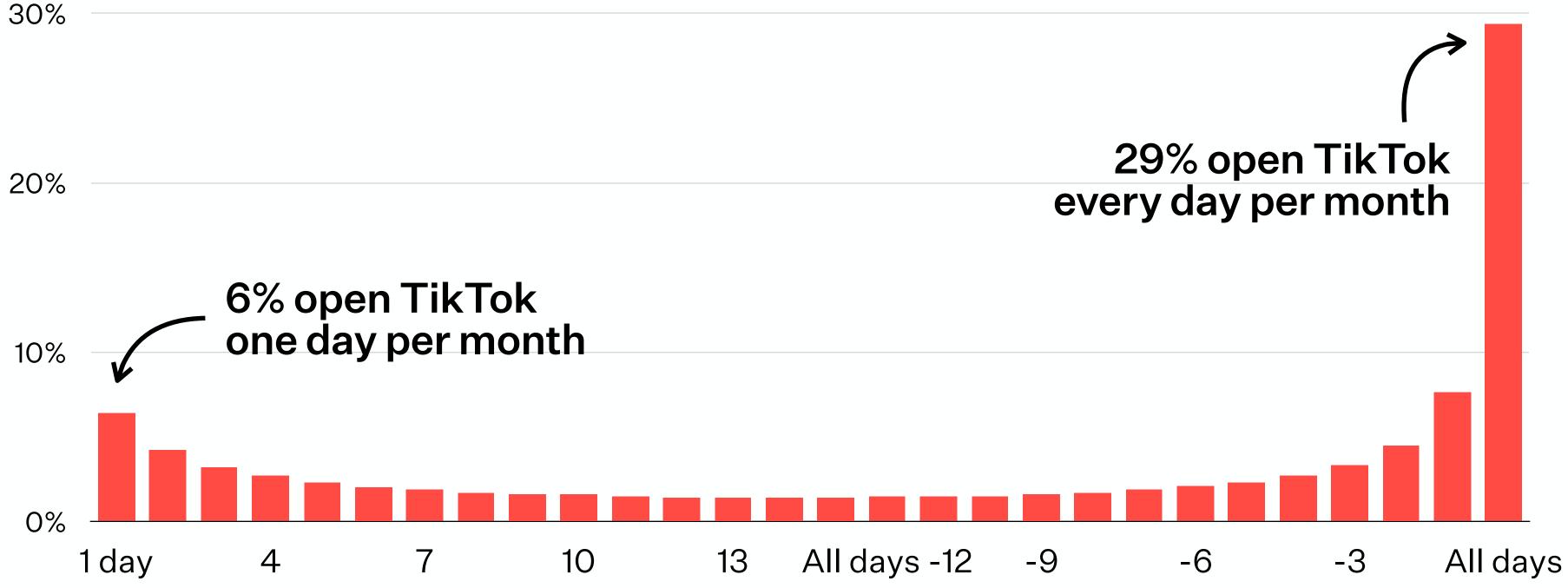


Data: Sensor Tower Consumer Intelligence. Based on global usage of each app's Android version.



### Almost 30% of TikTok users on Android open the app every day

#### Percentage of active TikTok for Android installs by number of days used each month, on average, in Q3 2022



Data: Sensor Tower Consumer Intelligence. Based on global usage of each app's Android version.

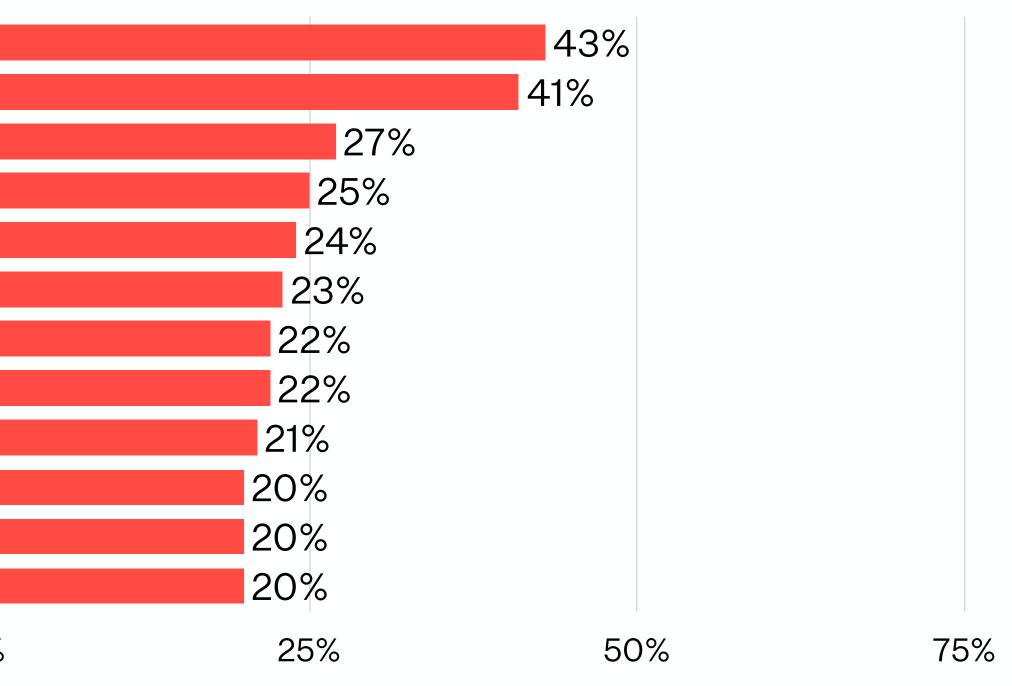


#### TikTok's top uses: Mindless entertainment and comic relief, but also much more

#### Percentage of responses: For which of the following purposes do you use TikTok? (Choose all that apply.)

Mindless entertainment Comic relief Listening to music It's my primary form of entertainment Keeping up with friends Discovering new products to purchase Keeping up with specific creators Keeping up with the news Second-screen while doing other activities Second-screen while also watching TV Education/learning Keeping up with brands

0%

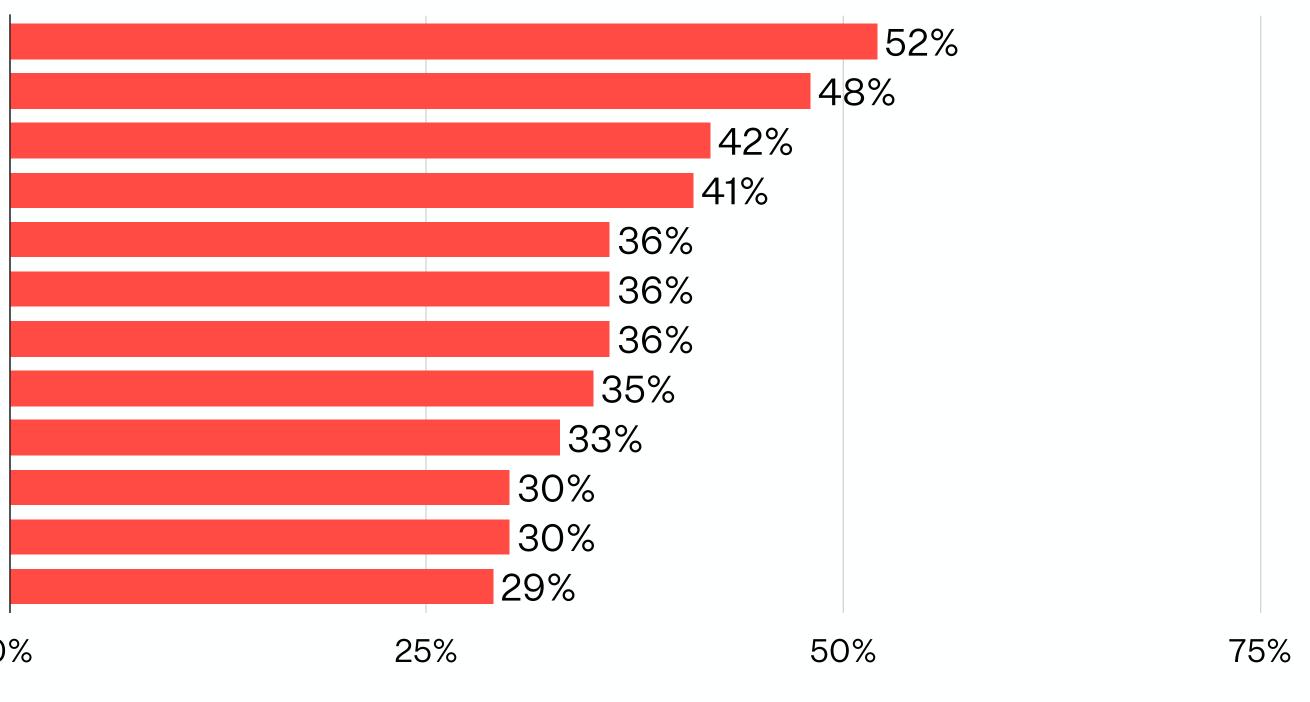




#### **TikTok enables niche content but** covers most mainstream genres

#### Percentage of responses: What topics do you see on your TikTok?

Music General comedy Dance videos Cooking / Baking / Food Celebrities Fashion Beauty / Makeup Pop culture Gaming Mental health and wellness Fitness / Exercise Current events



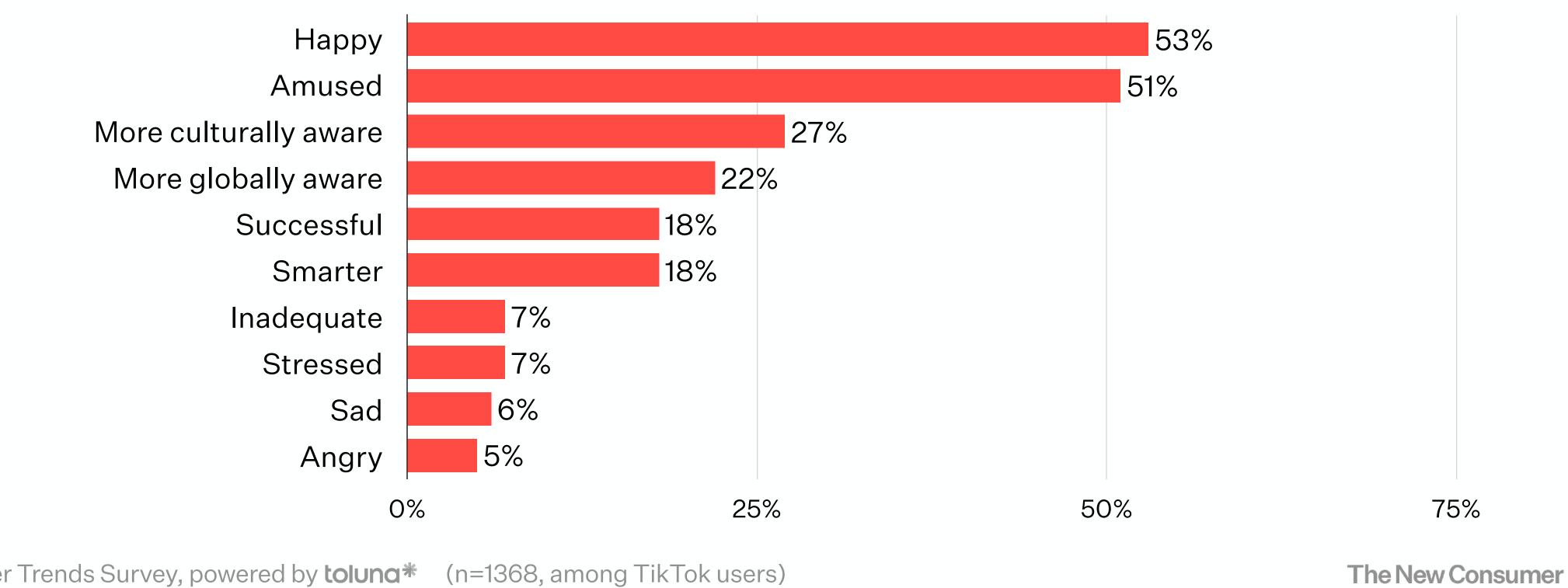
0%

Data: Consumer Trends Survey, powered by **toluna\*** (n=1368, among TikTok users)



### Half of TikTok users say it makes them feel happy — few say 'inadequate' or 'stressed'

#### Percentage of responses: How does TikTok make you feel? (Choose all that apply.)



Data: Consumer Trends Survey, powered by **toluna\*** (n=1368, among TikTok users)



### TikTok drives music discovery but also food trends and purchasing

#### Percentage of responses: Which, if any, of the following have you done because of a TikTok video?

Listened to a new song Followed a new brand Purchased a product

Prepared a food or beverage recipe

Developed a new interest Traveled to another city or country

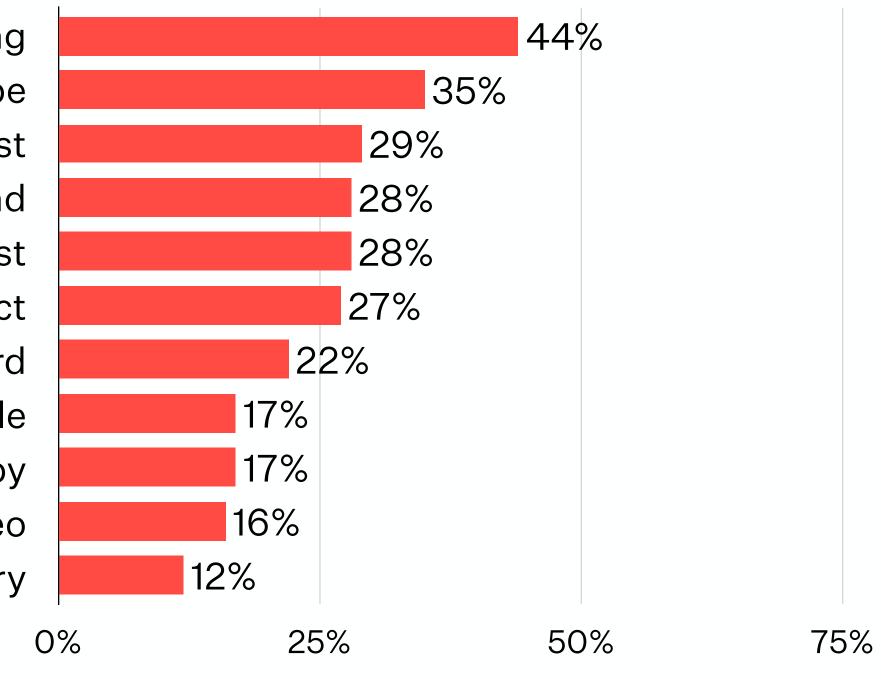
Became a fan of a new musical artist

Started saying a new phrase or using a new term/word

Worn a specific outfit / dressed in a specific style

Visited a place in my city or nearby

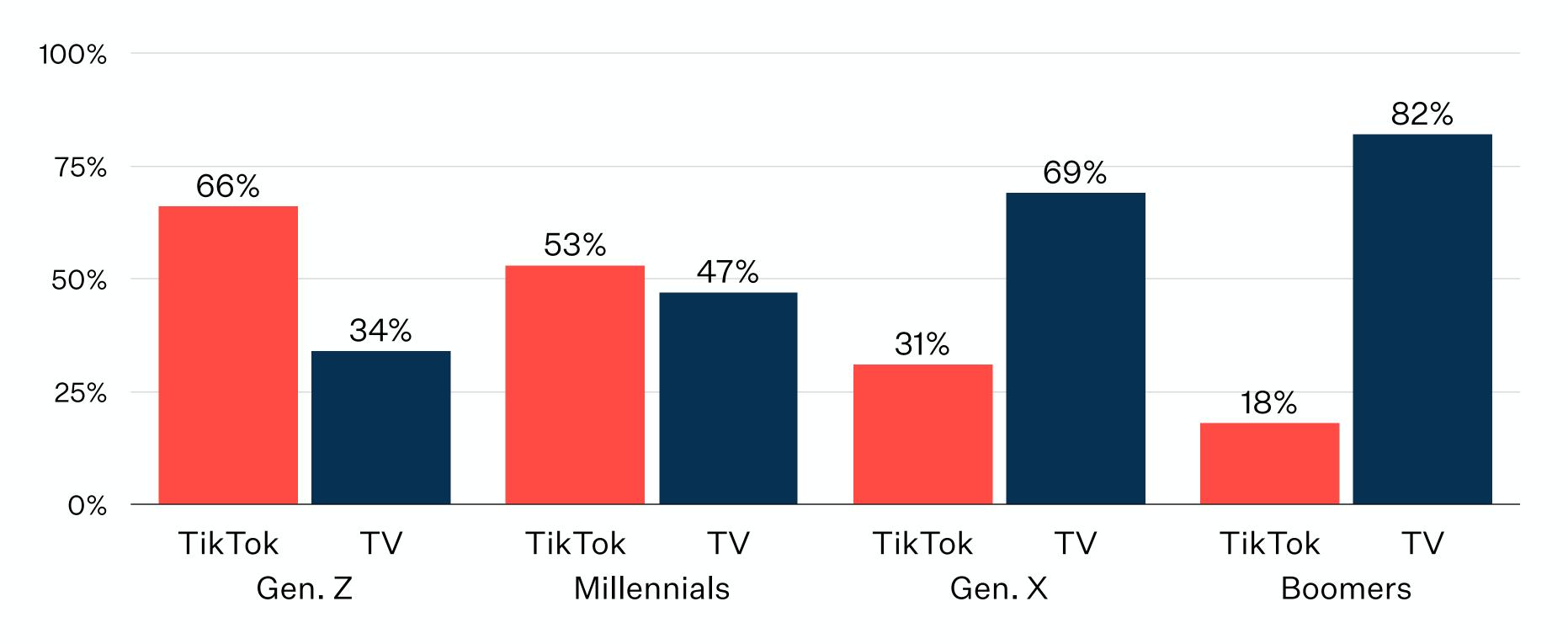
I have not done anything because of a TikTok video





### Most Gen. Z and Millennial TikTok users say they'd choose TikTok over TV

Percentage of responses, among TikTok users, by generation: If you could only watch TikTok or traditional TV/streaming shows, which would you choose?

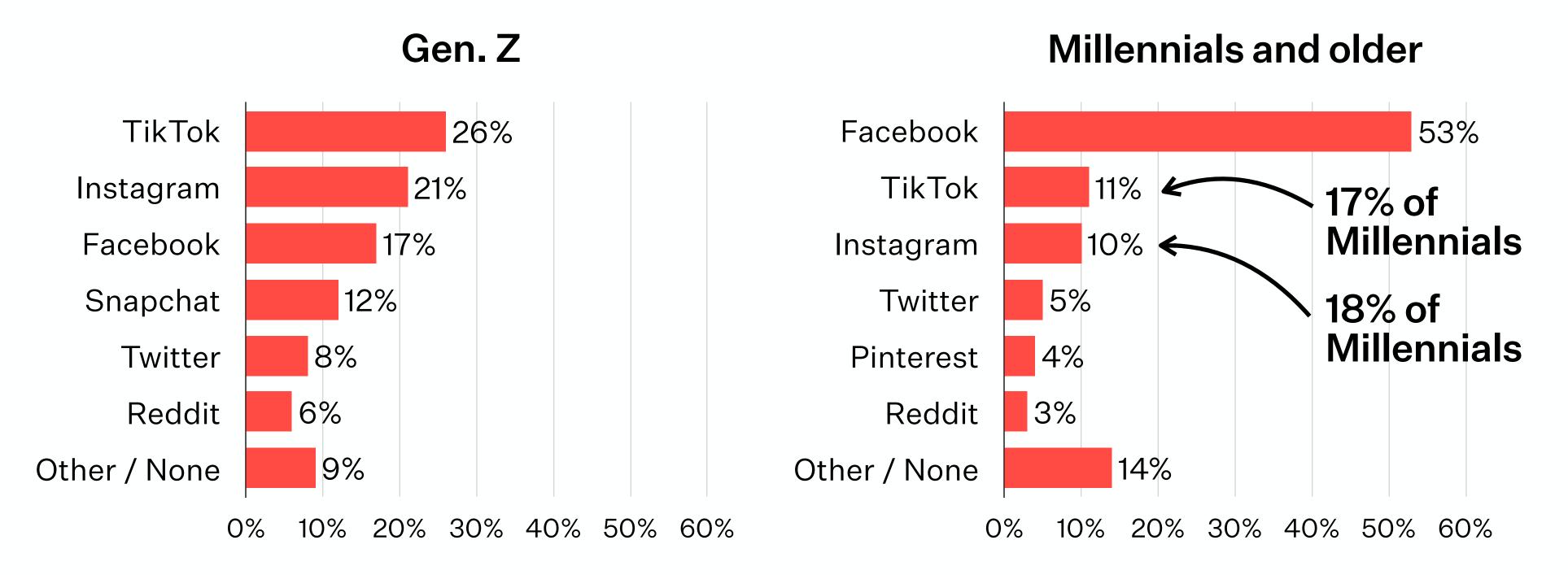


Data: Consumer Trends Survey, powered by **toluna**\* (n=1368, among TikTok users)



### Gen. Z wouldn't want to live without TikTok — for everyone else, it's Facebook

Percentage of responses by generation: If you were trapped on a deserted island and could choose to access only one social media network for entertainment purposes, which would it be?

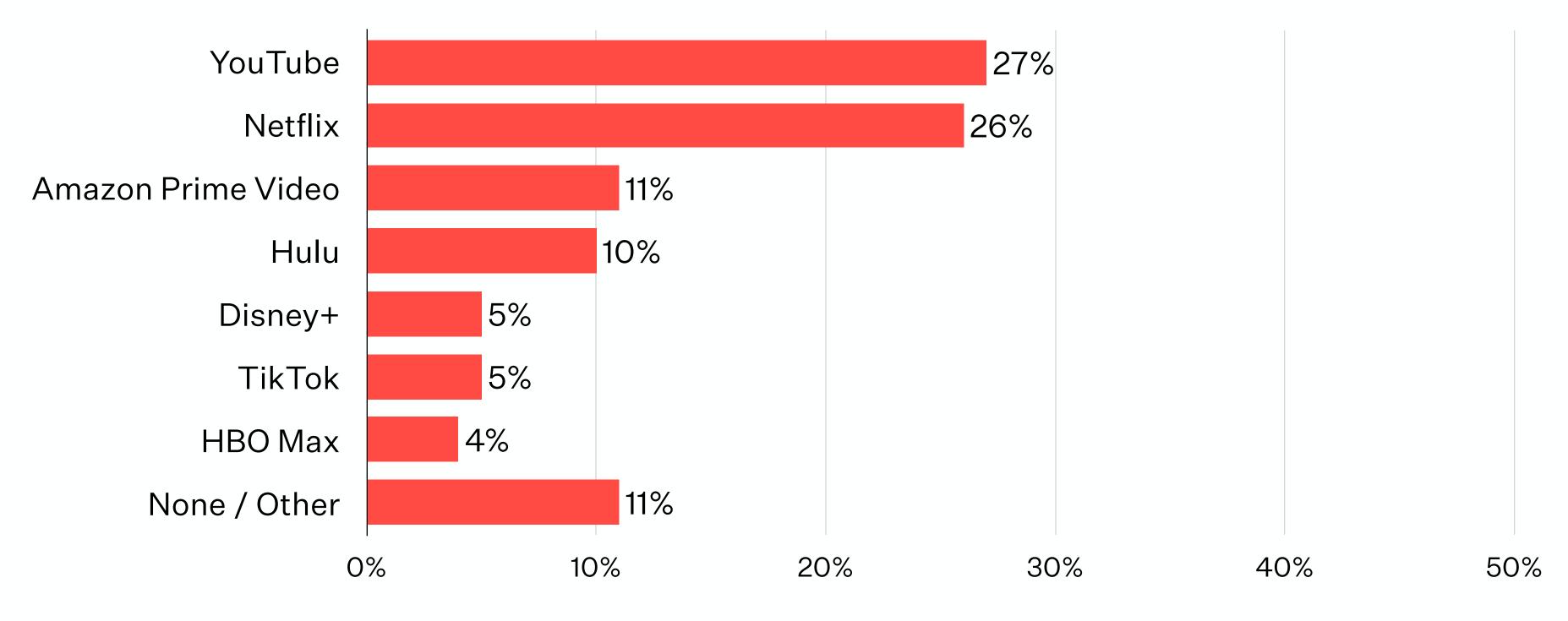


Data: Consumer Trends Survey, powered by **toluna\*** (n=3273) Question inspired by Mark Mahaney's prior research.



# YouTube is arguably *underrated* in the future-of-TV conversation

Percentage of responses: If you were trapped on a deserted island and could choose to access only one streaming video platform, which would it be?

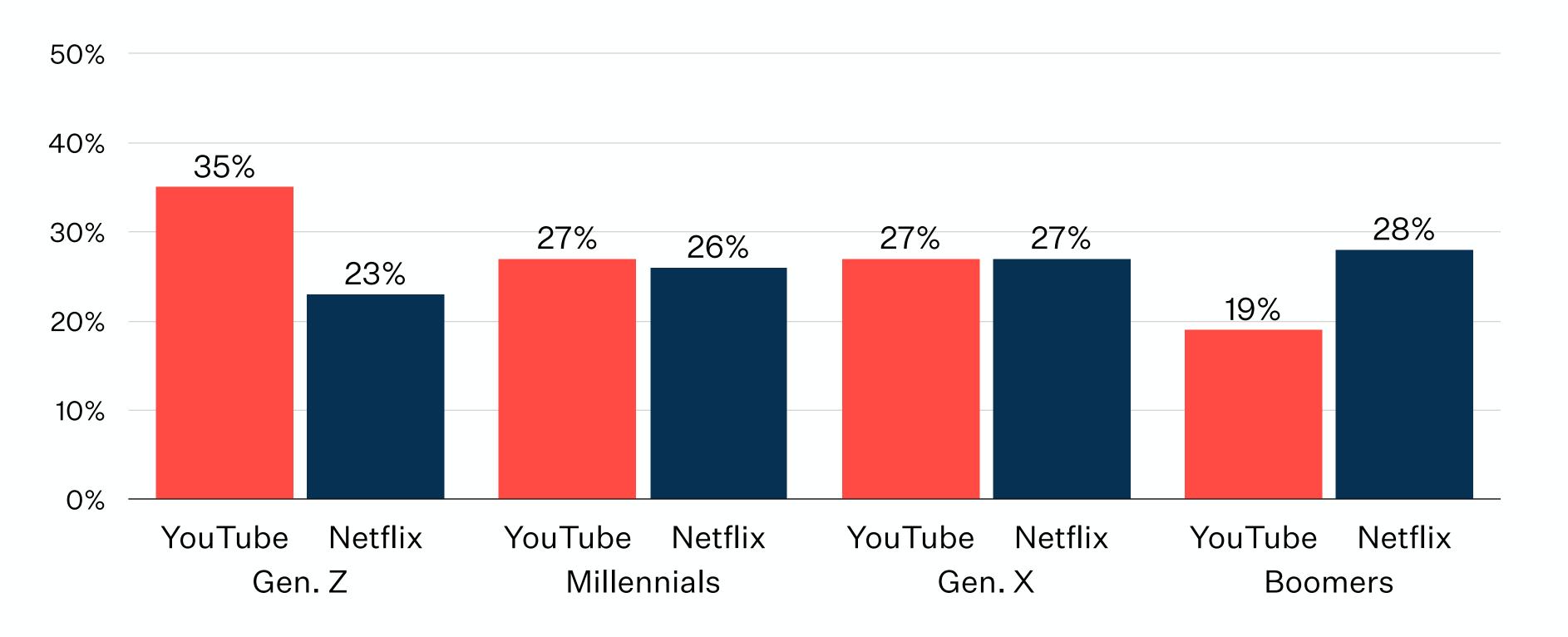


Data: Consumer Trends Survey, powered by **toluna\*** (n=3273) Question inspired by Mark Mahaney's prior research.



# YouTube is impressively popular across generations

Percentage of responses: If you were trapped on a deserted island and could choose to access only one streaming video platform, which would it be?



Data: Consumer Trends Survey, powered by toluna\* (n=3159. Other streamers not displayed.)





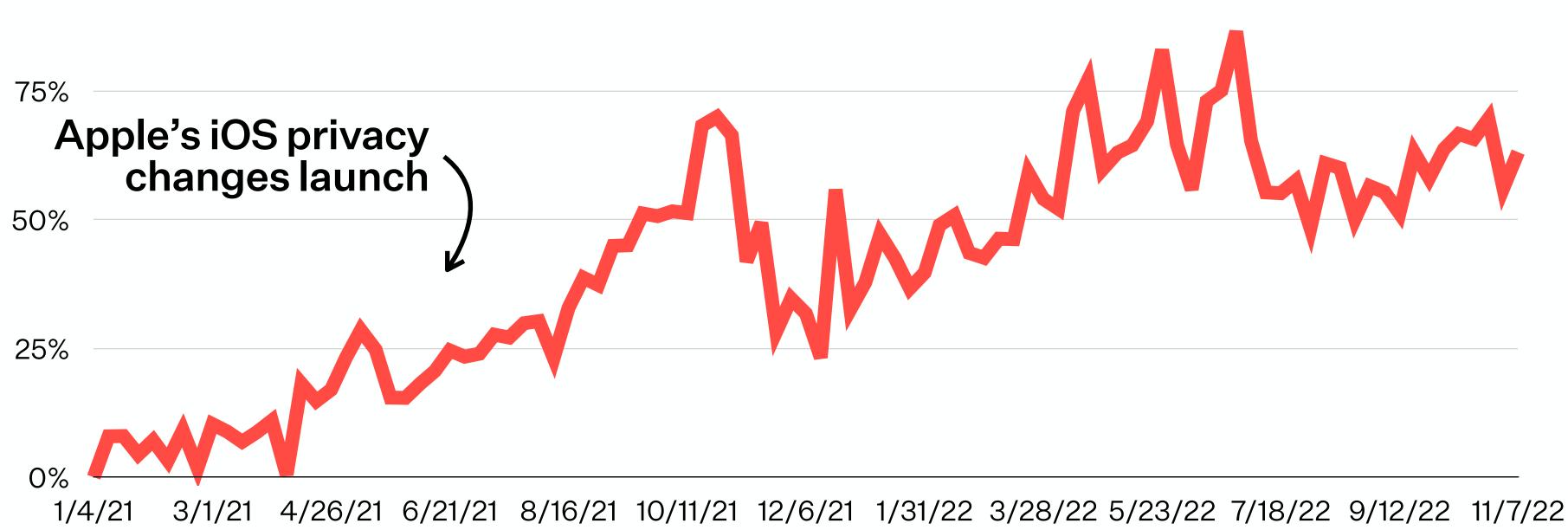
#### There's excitement around brands founded by celebrities and creators. Do they have a special advantage?

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### Rising customer acquisition costs have challenged e-commerce economics

100%



Data: Common Thread Collective / Statlas. Indexed to the week of Jan. 4, 2021.

Change in customer acquisition costs observed by Common **Thread Collective's network of e-commerce merchants** 



### **Celebrity-founded brands have widely** proliferated — here's just 40 current ones

**Beauty and wellness** 

**KYLIE** lemme

Apparel



SAVAGE 🧮 FENTY FABLETICS

**GOOD AMERICAN** 

Draper James

**İNAMORATA** 



Rare Beauty

rhode

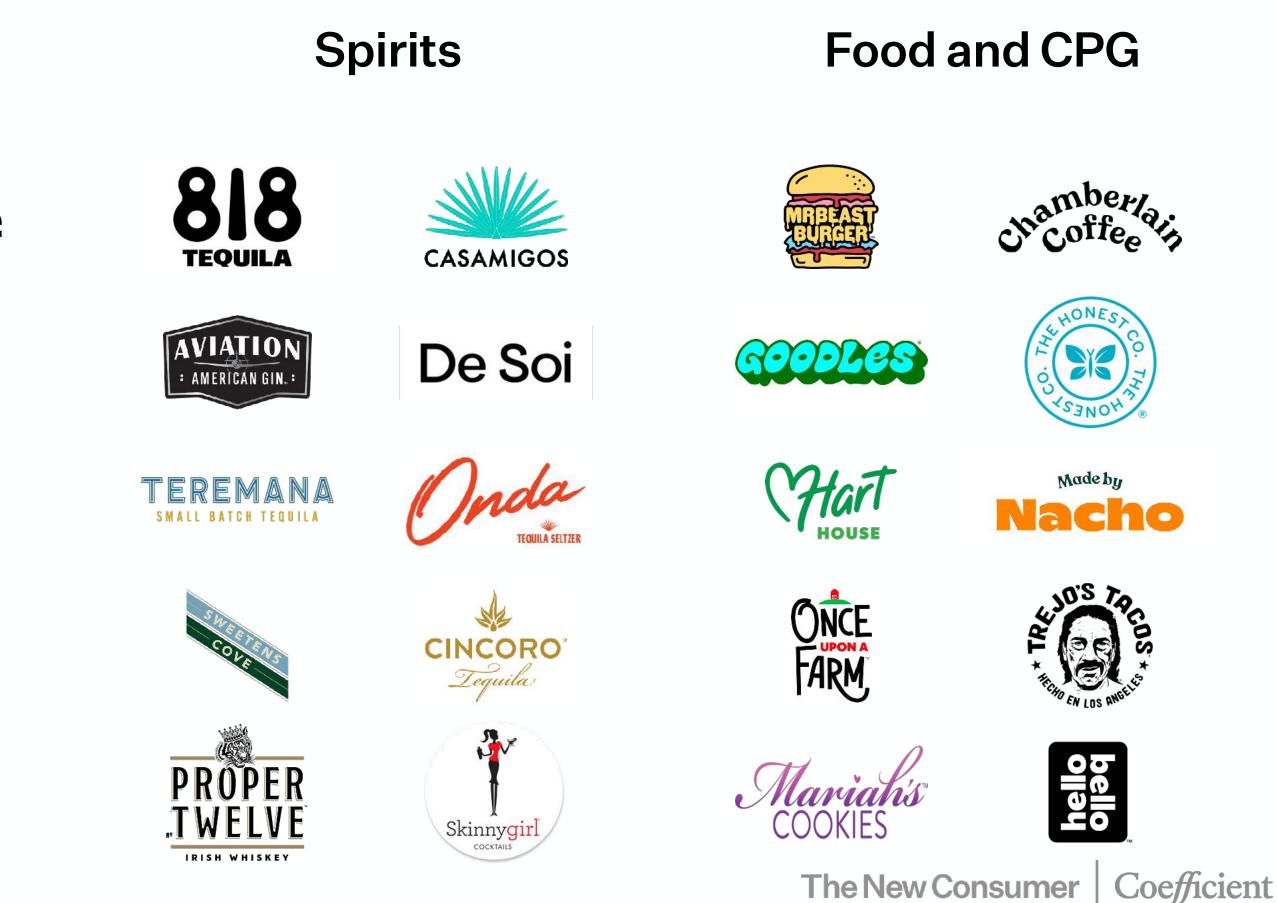
goop

**KKW BEAUTY** 





KEYS SOULCARE



### Why so many celebrity-founded brands?

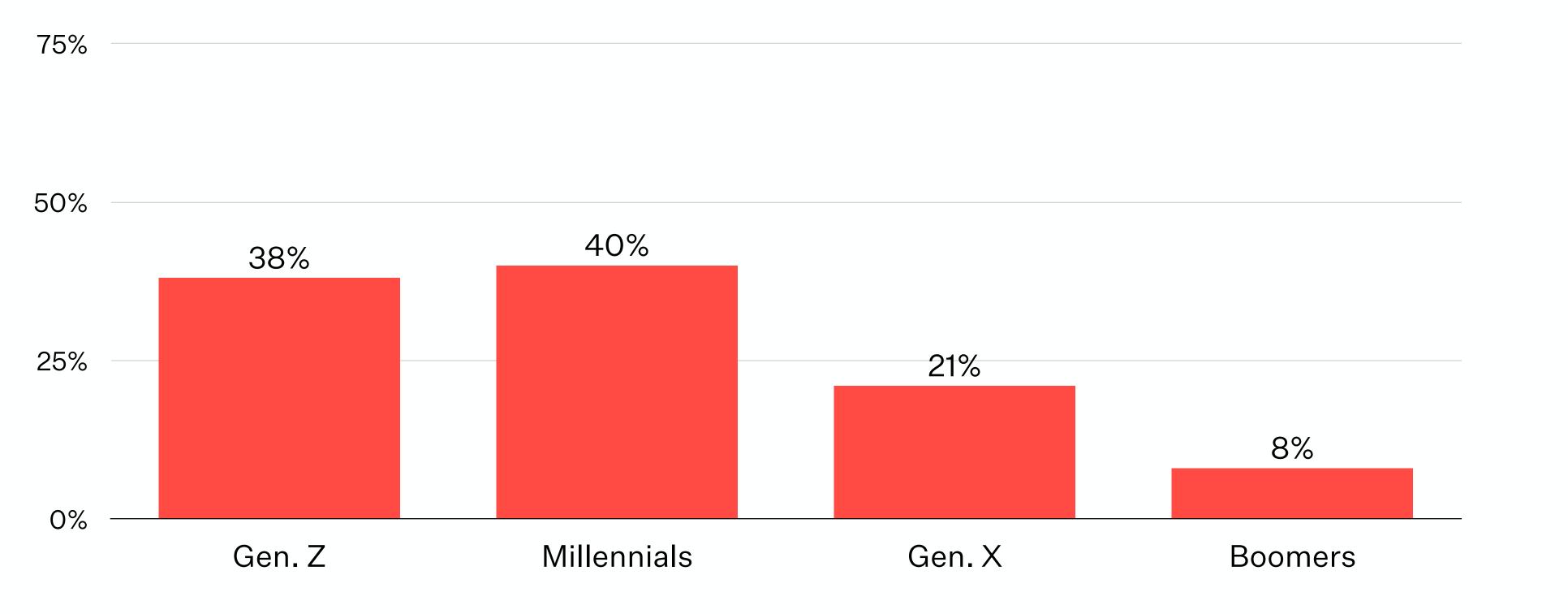
- $\rightarrow$  Social media allows celebs (and brands) to build direct relationships with customers at scale
- $\rightarrow$  Their outsized followings drive attention and traffic, which could make growth more efficient
- Equity can have real value: A solid exit can generate generational wealth the way a commercial gig can't

 $\rightarrow$  Many actors, musicians, athletes, and other celebs want to be more than 'talent' — they're already entrepreneurial and want to be multi-hyphenates



## Many younger consumers say they prefer celebrity-founded brands

Percentage of 'strongly' and 'somewhat' agree responses by generation: I like celebrity-founded brands more than non-celebrity-founded brands.

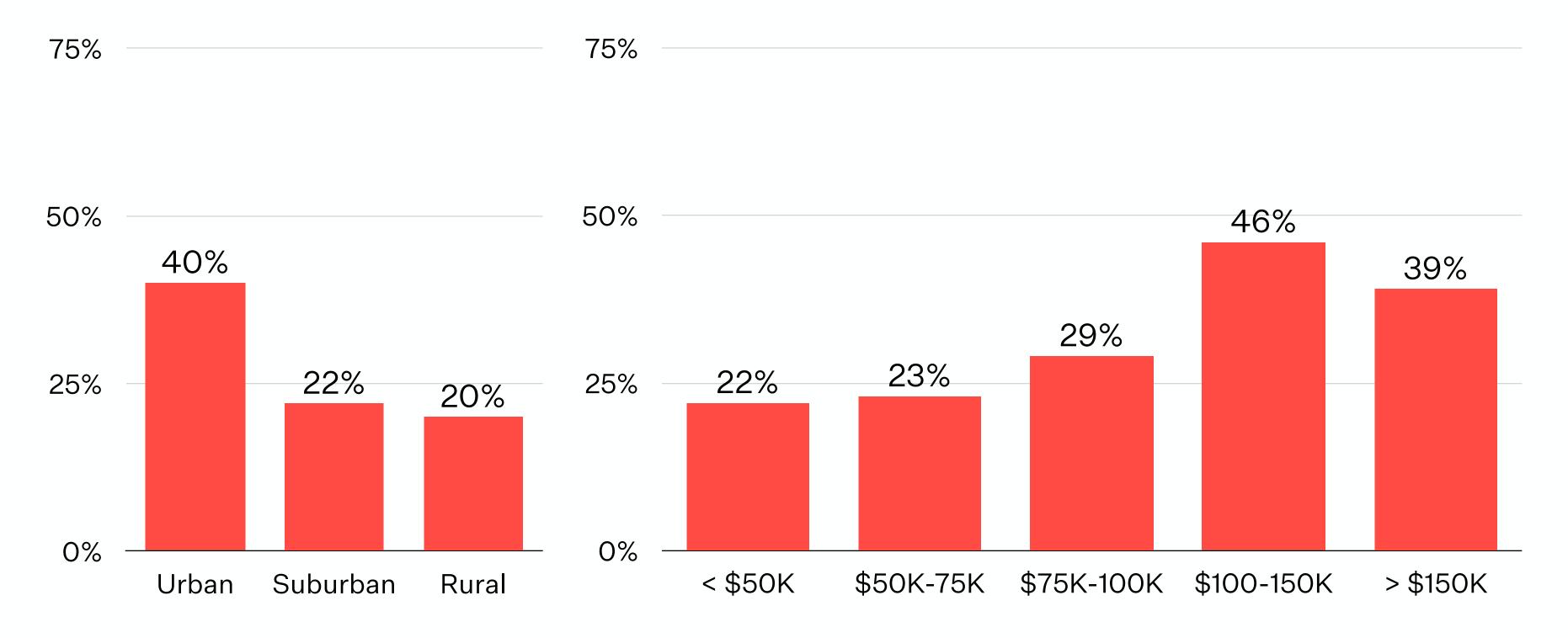


Data: Consumer Trends Survey, powered by **toluna\*** (n=3273)



## Preference for celebrity-founded brands also skews urban and higher-income

Percentage of 'strongly' and 'somewhat' agree responses: I like celebrity-founded brands more than non-celebrity-founded brands.



Data: Consumer Trends Survey, powered by **toluna\*** (n=3273)

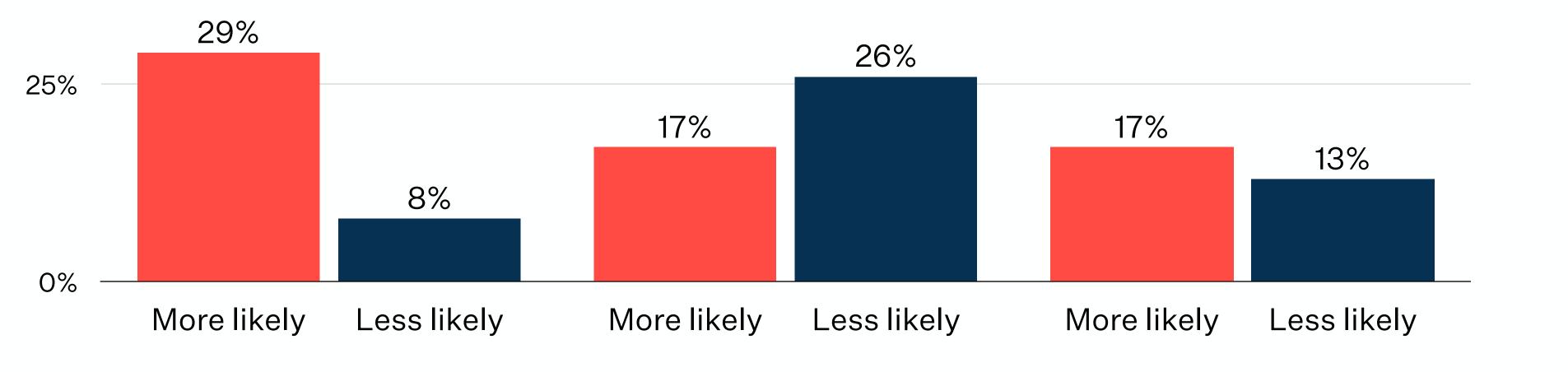


### It matters if a consumer likes or dislikes the brand's celebrity founder

### Percentage of responses: If a celebrity were to start a brand, how would that impact your decision to purchase?

Celebrity you like

50%



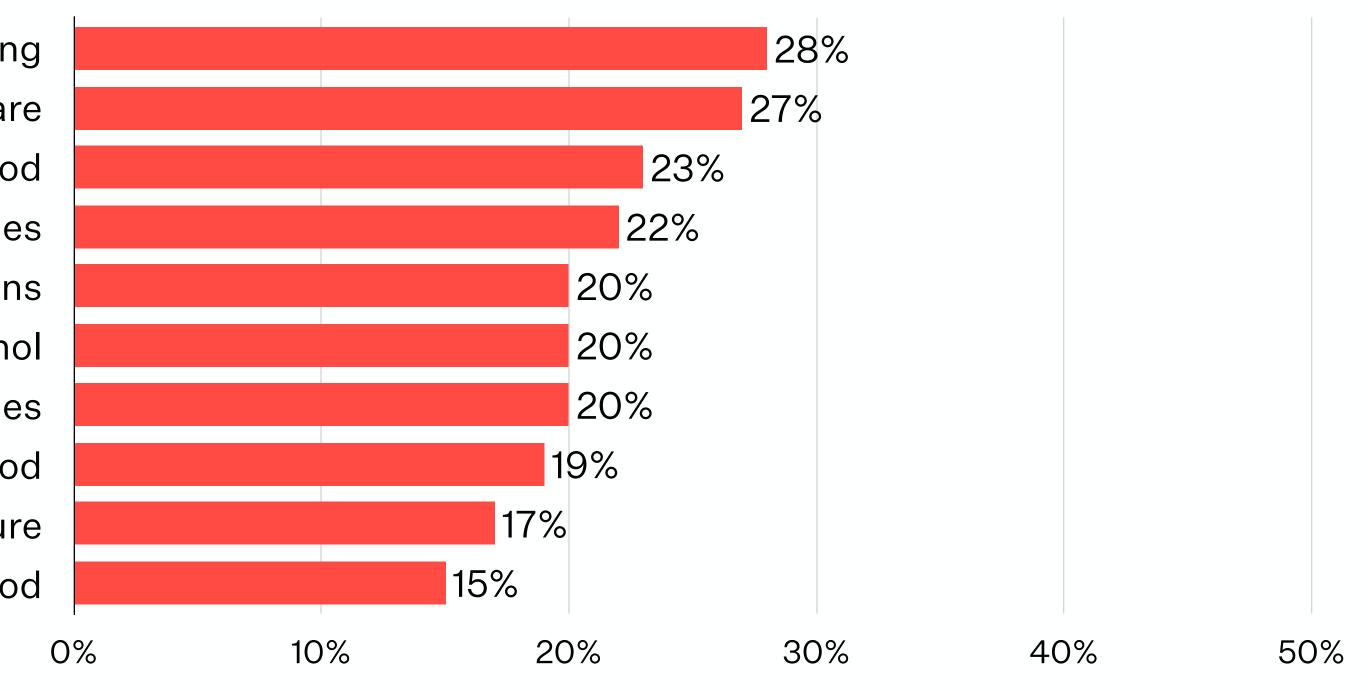
Data: Consumer Trends Survey, powered by toluna\* (n=3273. Remaining responses: "Would not impact" purchase likelihood.) The New Consumer Consumer

...dislike ...feel indifferently about



### **Consumer preference for celebrity** brands varies by category

### if a celebrity were to start or promote a brand in...



Apparel / clothing Beauty / personal care Restaurant / packaged food Beverages Supplements / vitamins Alcohol Cleaning supplies Pet food Furniture Baby food

Data: Consumer Trends Survey, powered by toluna\* (n=3273)

Percentage of responses: I would be more likely to purchase



### Half of liquor store owners say they intentionally stock celebrity brands

## the following types of products?

Locally made products

Celebrity-owned alcohol brands

Health-conscious drinks

Organic / natural products

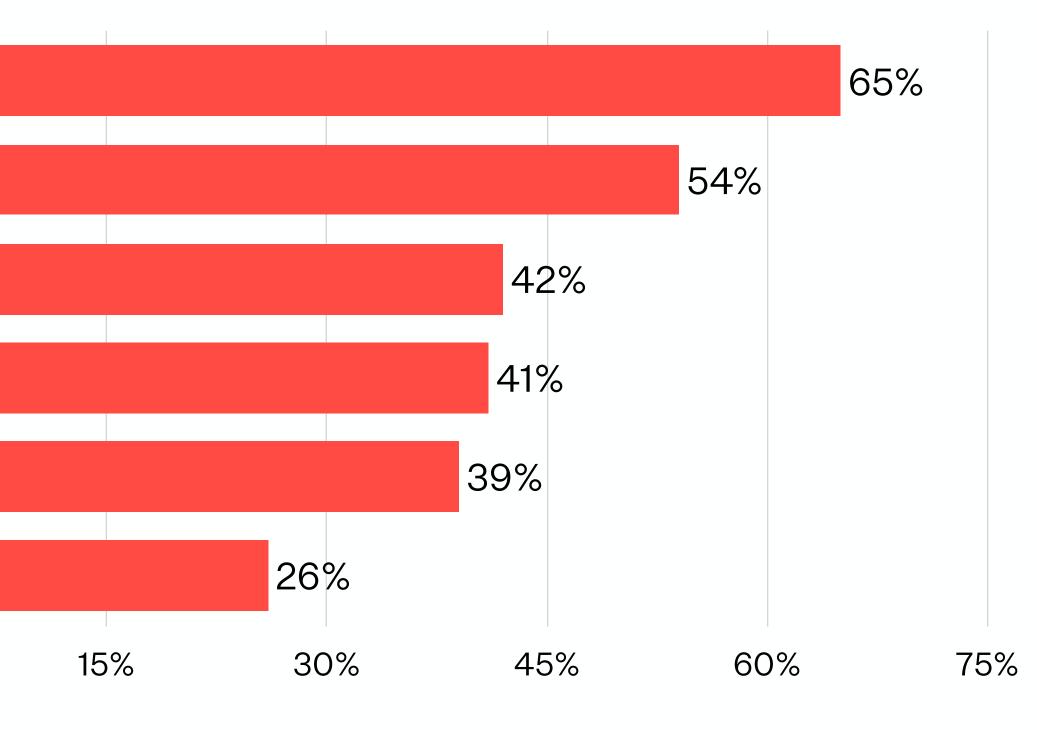
Non-alcoholic products

Brands owned by underrepresented groups (e.g. women-owned)

0%

Data: Drizly BevAlc Insights 2022 Retail Report. Based on a poll of "more than 250" liquor store owners or managers.

Percentage of responses: Do you intentionally stock any of





# Celebrity-founded beauty and personal care brands have greater Instagram engagement than the competition

# 

Instagram engagement rate for a group ofInstagram engagement rate for a group of23 celebrity-founded beauty and548 beauty and personal care brandspersonal care brands.without celebrity founders.

Engagement rate reflects the average number of comments and likes per post, as a percentage of total follower count. Measured over 12 recent posts per brand in Nov. 2022.

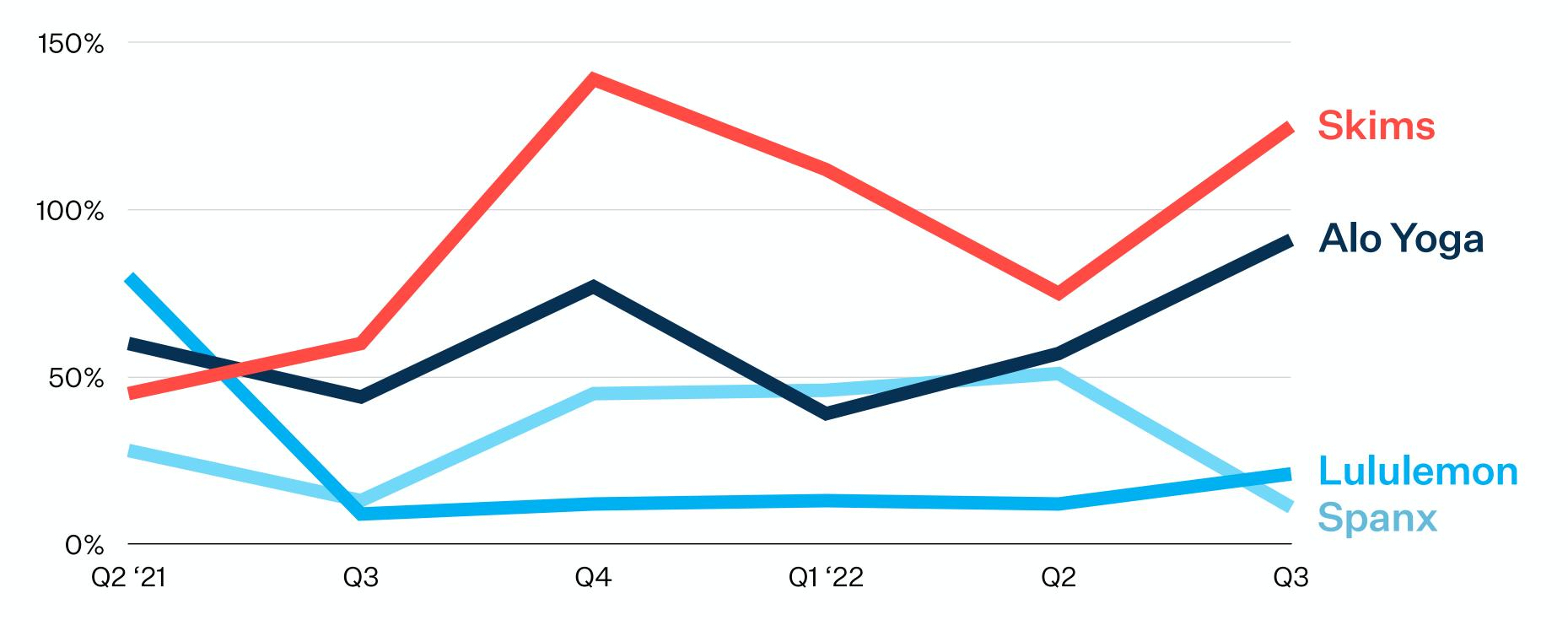
Data: Charm.io, analysis by The New Consumer and Coefficient Capital.





### Skims, Kim Kardashian's apparel brand, is holding its own among top peers

### Year-over-year change in US consumer direct credit and debit card sales, as measured by Earnest Analytics



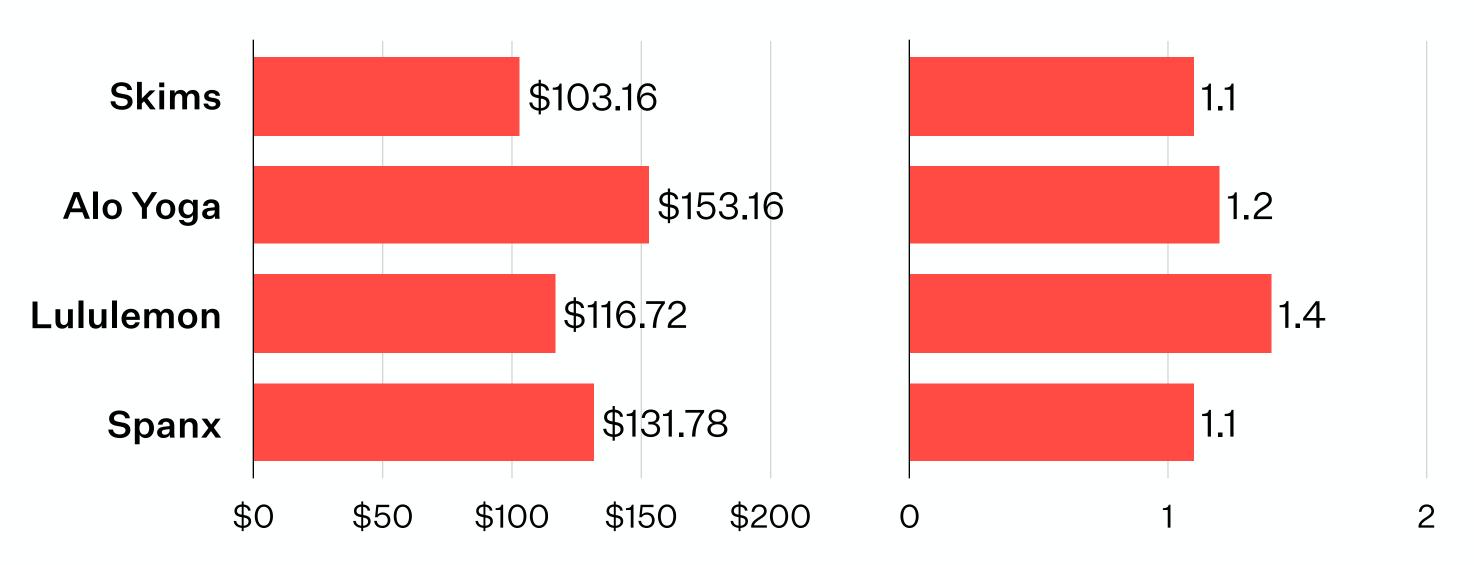
Data: Earnest Analytics. Excludes purchases made via third-party retailers.



### Skims, Kim Kardashian's apparel brand, is holding its own among top peers

Skims, which sells a variety of women's clothing, from bras and underwear to loungewear and shapewear, is growing rapidly — roughly doubling year over year — according to Earnest Analytics' analysis of US consumer card spending.





Data: Earnest Analytics. 2022 spending through October. Excludes purchases made via third-party retailers.

Total avg. 2022 spend YTD



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### Celebrity-founded brands have promise — but within limitations



of consumers say they agree: if a celebrity is an investor or backer of a brand, I trust the brand more.

Data: Consumer Trends Survey, powered by **toluna\*** (n=3273)



of consumers say they agree: celebrity-founded brands **only make sense if the celebrity has expertise in the products they are selling.** 





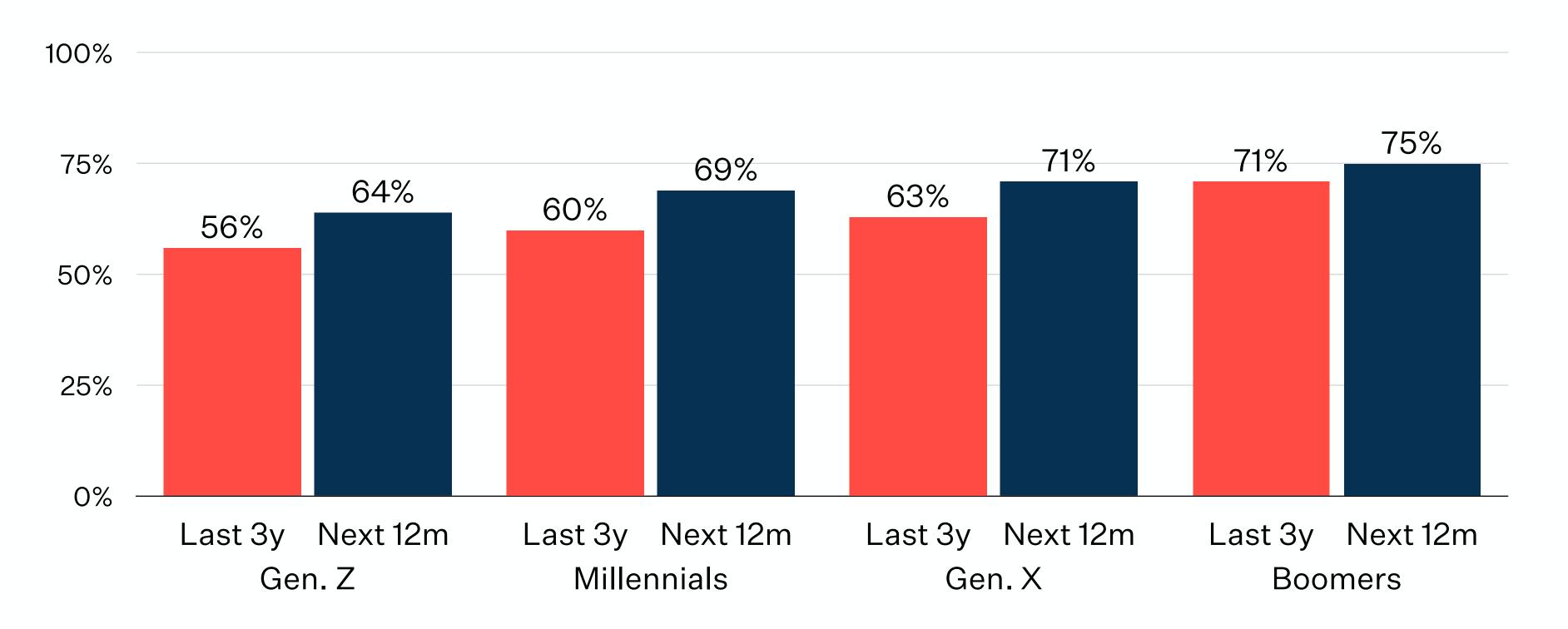
### Health and wellness will be an even greater consumer focus coming out of the COVID-19 pandemic.

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## Most Americans plan to prioritize their health and wellness over the next year

Percentage of responses by generation: Over the past 3 years and the next 12 months, made / plan to make health and wellness 'the top' or 'a high' priority

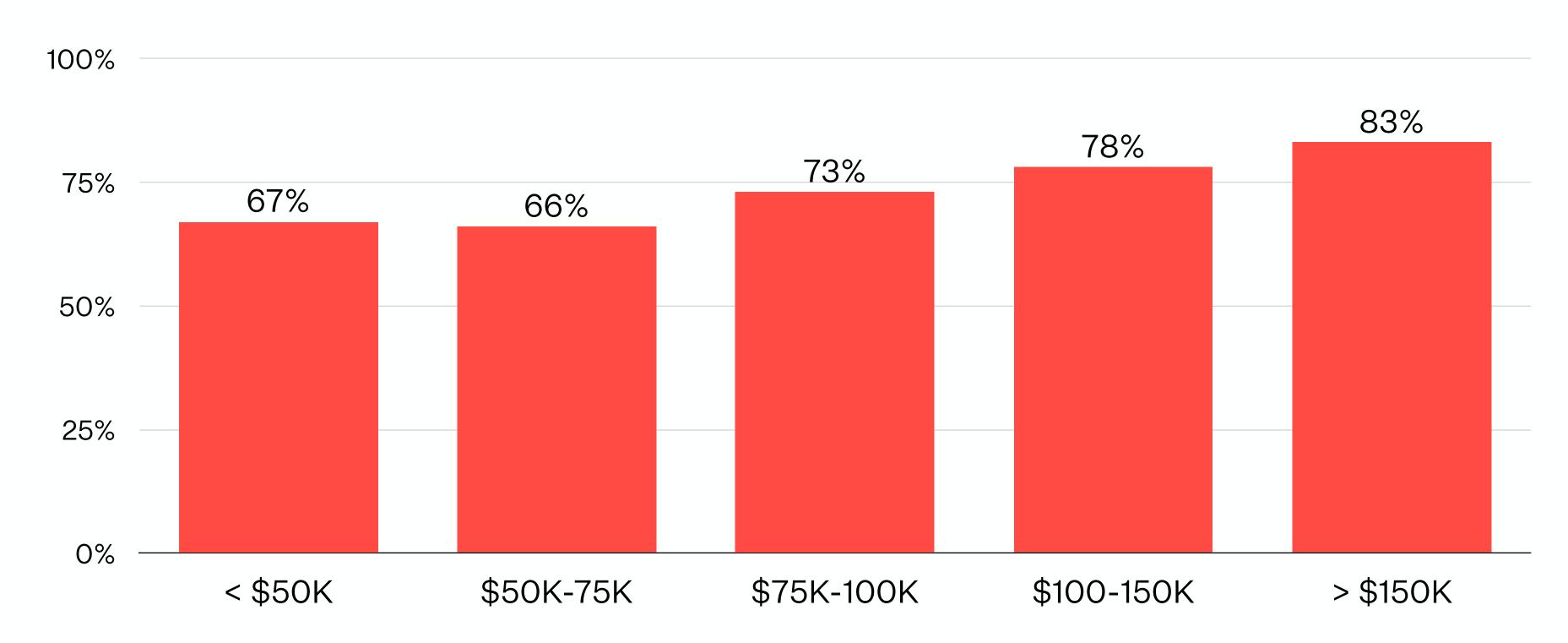


Data: Consumer Trends Survey, powered by **toluna\*** (n=3159)



# Wealthier consumers are also more likely to say they'll prioritize their health

Percentage of responses by household income: Over the next 12 months, plan to make health and wellness a 'the top' or 'a high' priority in their life



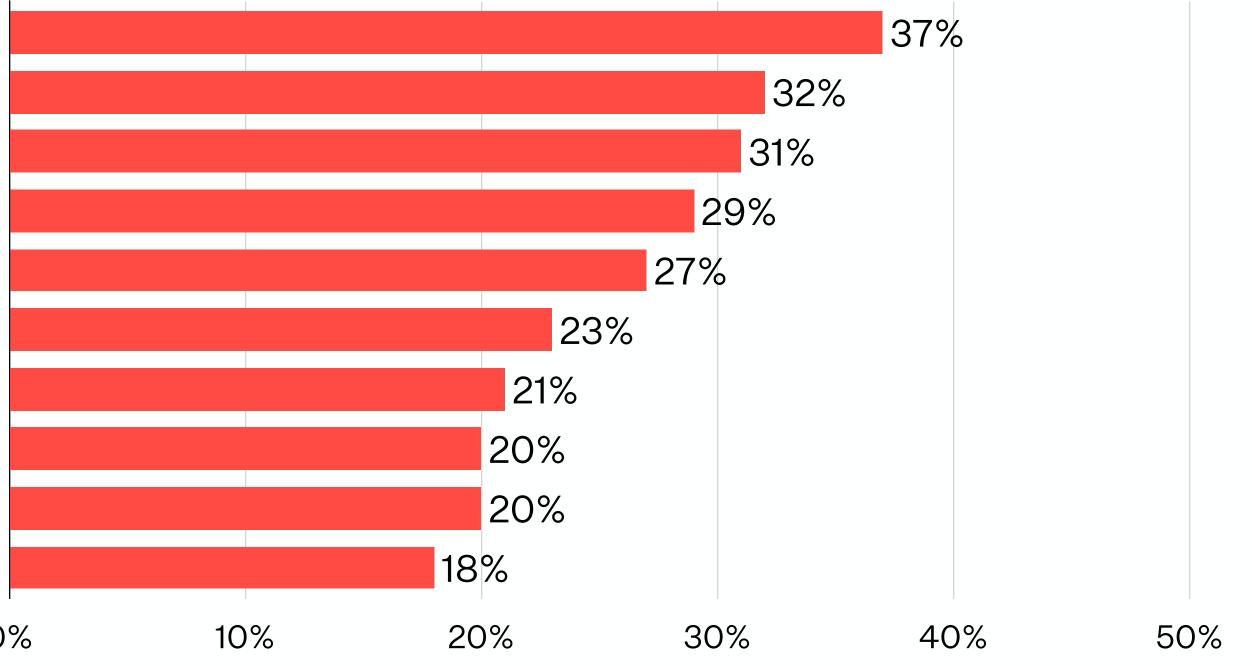
Data: Consumer Trends Survey, powered by **toluna\*** (n=3273)



### Americans say they're most concerned about their weight and mental health

### Percentage of responses: What aspects of your health are you most concerned about? (Choose three.)

My weight Mental health Amount of stress Quality of sleep Amount of sleep The type of food I eat Frequency of exercise Daily activity levels Chronic medical condition Immunity / my immune system



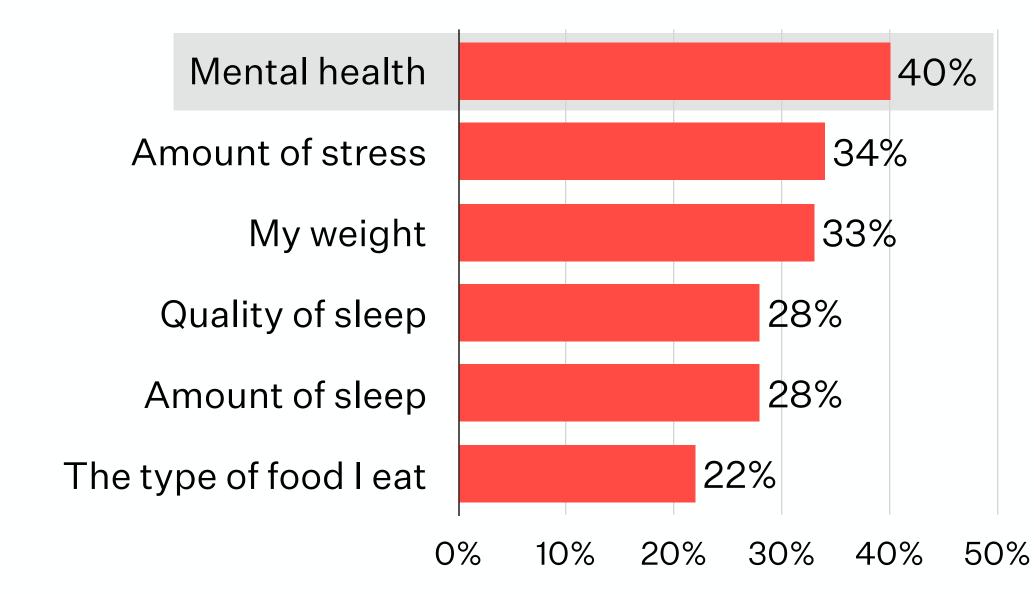
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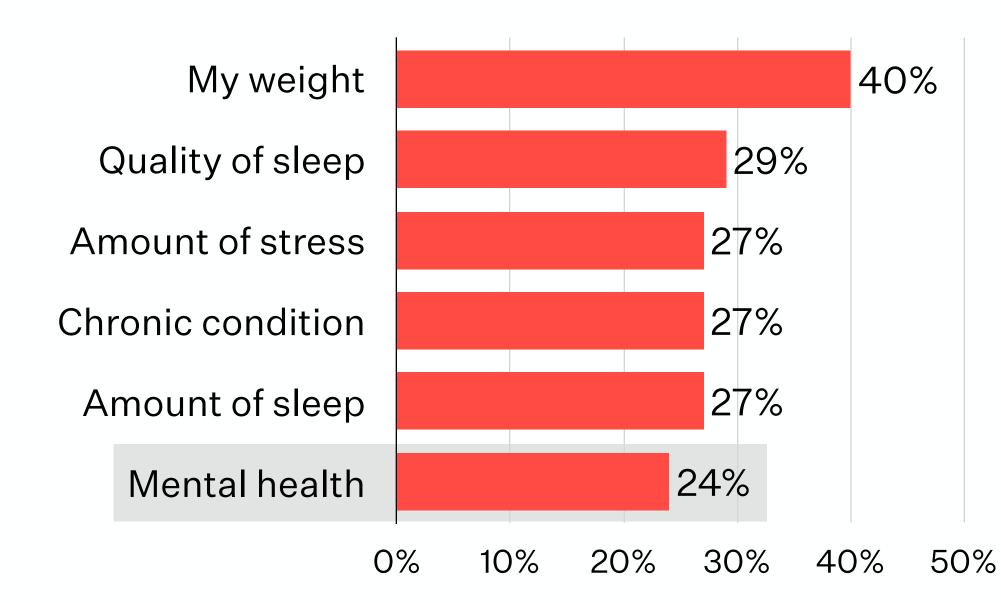
### Younger consumers in particular say they're concerned about mental health

#### Percentage of responses by generation: What aspects of your health are you most concerned about? (Choose three.)

#### Gen. Z and Millennials



Data: Consumer Trends Survey, powered by **toluna\*** (n=3273)

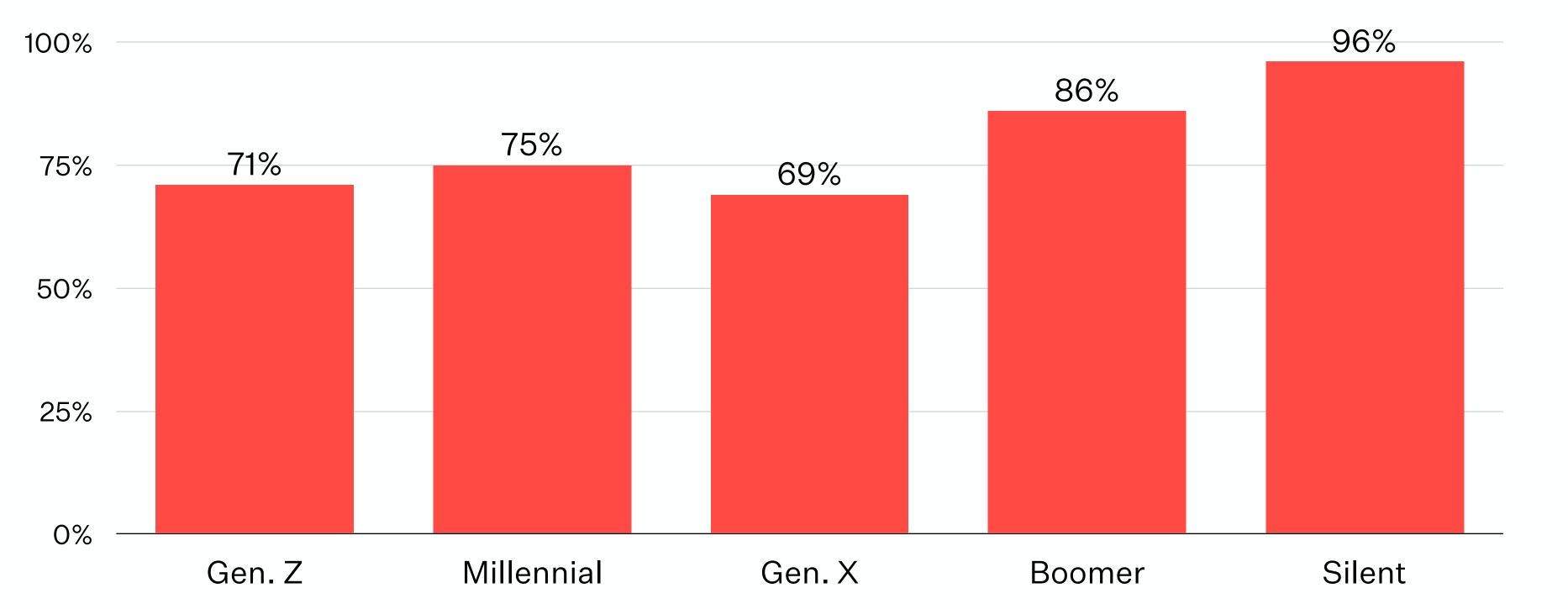


Gen. X and older



### **Older Americans generally say they** feel better about their mental health

## How would you rate your mental health these days?



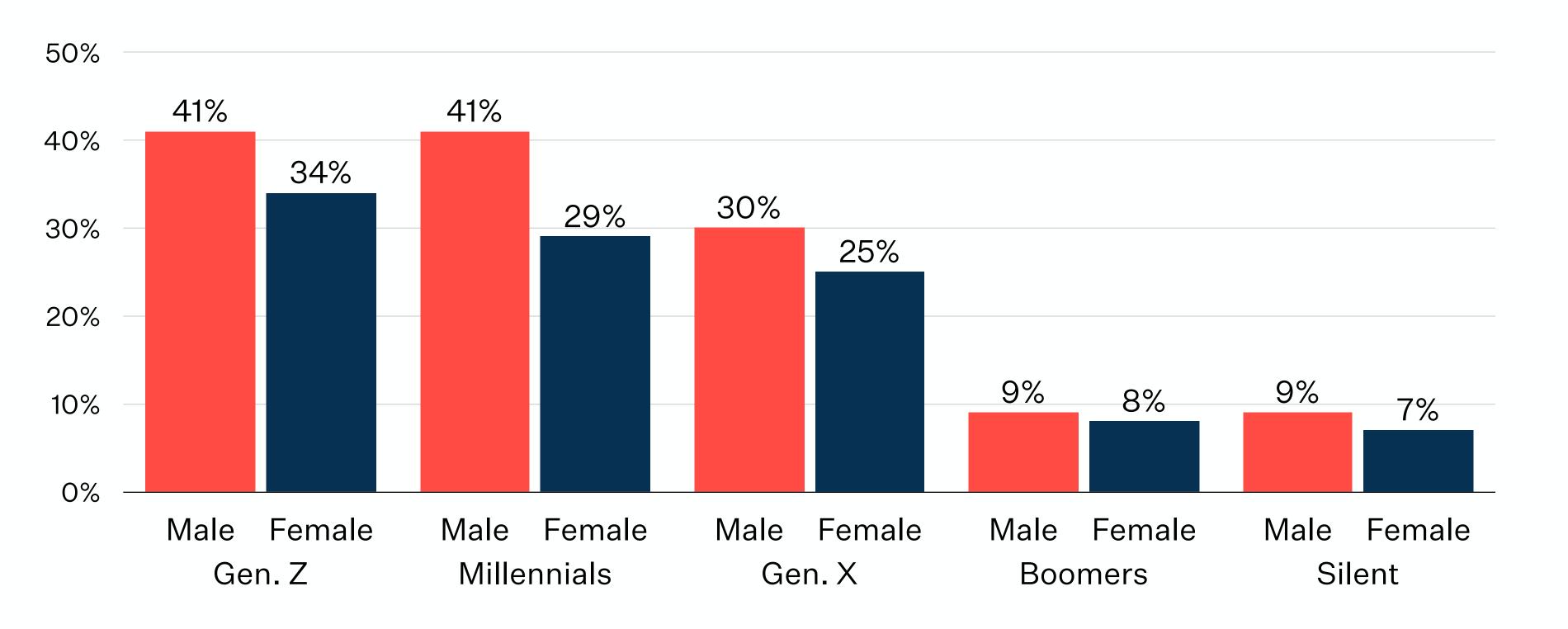
Data: Consumer Trends Survey, powered by **toluna\*** (n=3273)

Percentage of 'Good' or better responses by generation:



# More than 1/3 of Gen. Z and Millennials — especially men — say they're very lonely

Percentage of 'Extremely' and 'very lonely' responses by generation and gender identity: How would you rate your loneliness these days?



Data: Consumer Trends Survey, powered by **toluna\*** (n=3273)

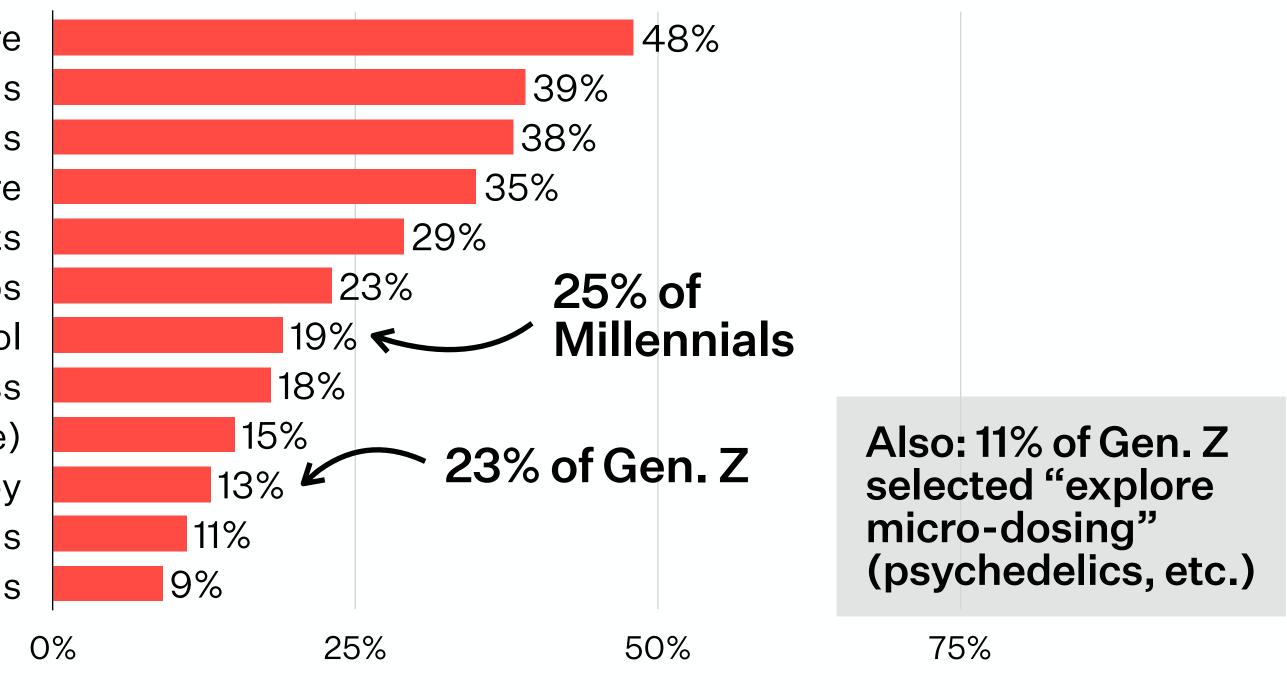


# Top priorities: Exercise, diet, and lifestyle changes

## Percentage of responses: Which lifestyle changes have you already made or plan to make over the next 12 months?

Exercise more

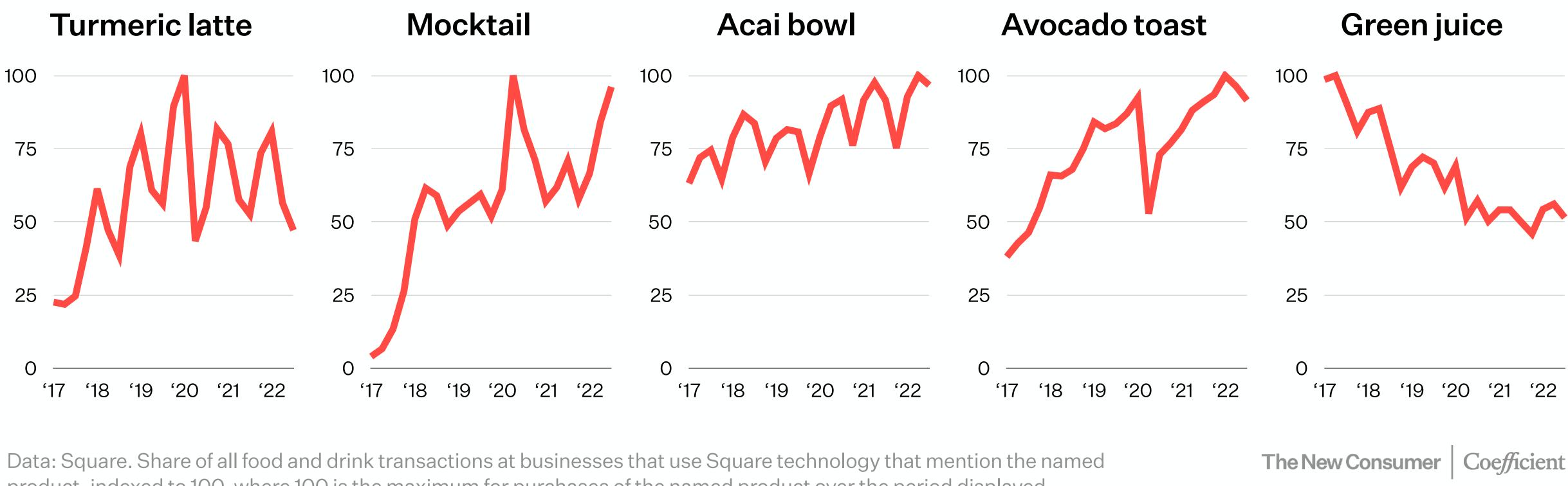
- Eat more vegetables and/or plant-based foods
  - Eat less processed foods
    - Sleep more
  - Take more or different vitamins/supplements
    - Start to track my exercise/activity/steps
      - Drink less alcohol
    - Start to practice meditation or mindfulness
- Start to track my body metrics (e.g., heart rate)
  - Start attending therapy
  - Explore medical or recreational cannabis
    - Cut back on seed oils



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### 'Food as medicine' is a key trend we're watching (and investing in)

merchants that use Square technology



product, indexed to 100, where 100 is the maximum for purchases of the named product over the period displayed.

## Purchasing trends of wellness-oriented menu items at



## Doctors have had their hands full, but remain influential over consumers' diets



of consumers say that **if a doctor were to make nutrition recommendations, they are at least somewhat likely to follow those recommendations.** 



of consumers say that if a doctor were to recommend a food or beverage brand, they are at least somewhat likely to purchase and eat/drink products from that brand.





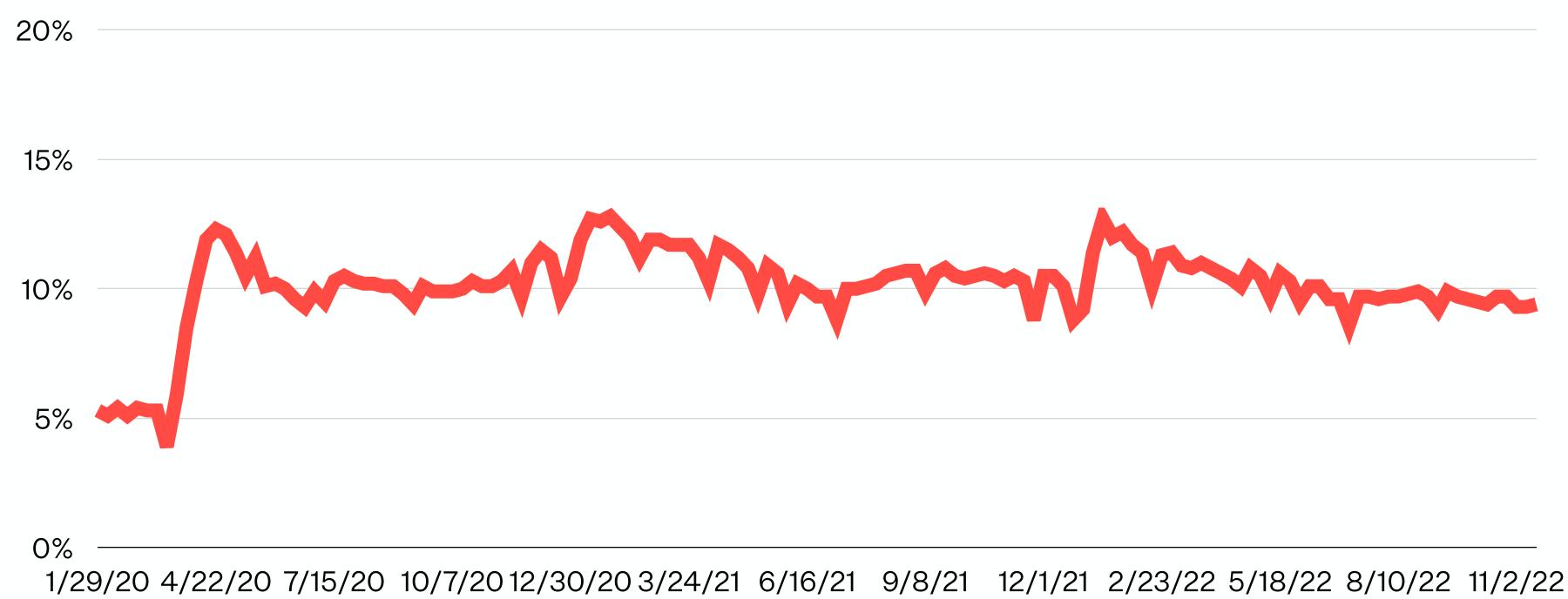
### E-commerce will continue to redraw the trillion-dollar US grocery industry.

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### **Online grocery got a huge pandemic** boost and has maintained most of it

### **Online share of US grocery spending — Earnest Analytics**

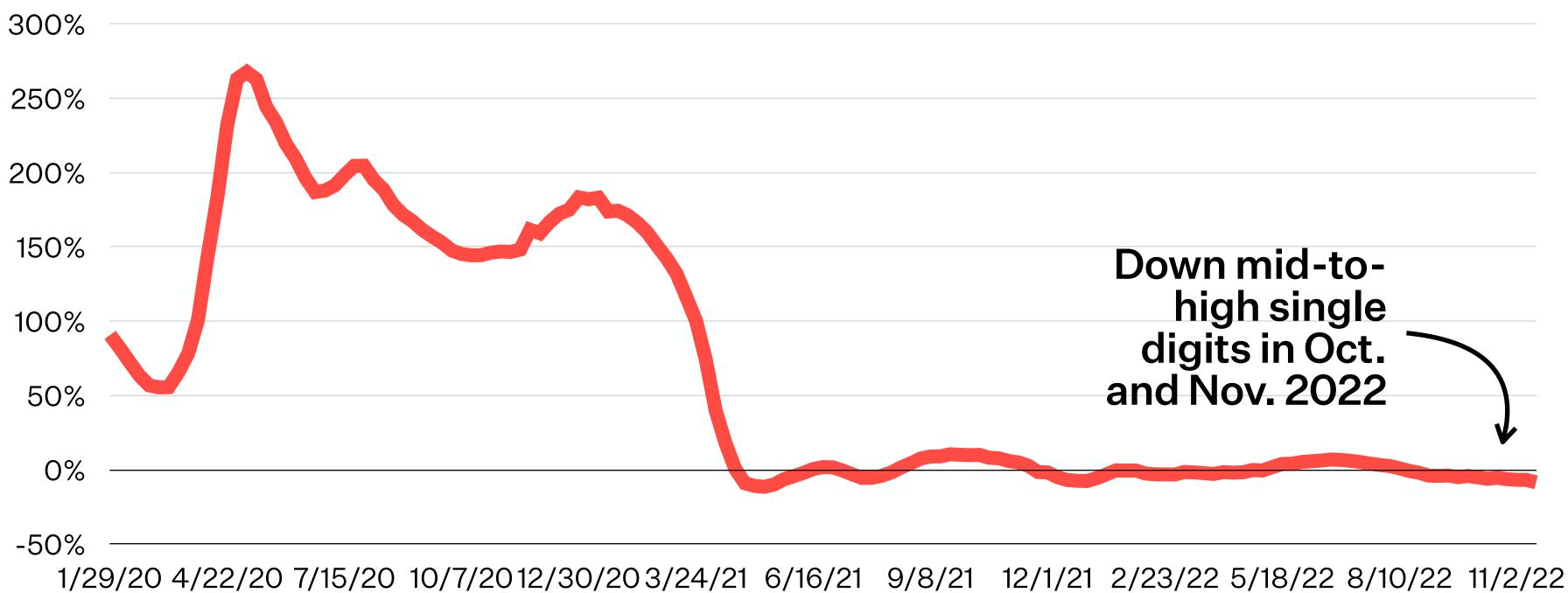


Data: Earnest Analytics. 4-week trailing average.



### But online grocery growth remains flat to negative after its big COVID bump

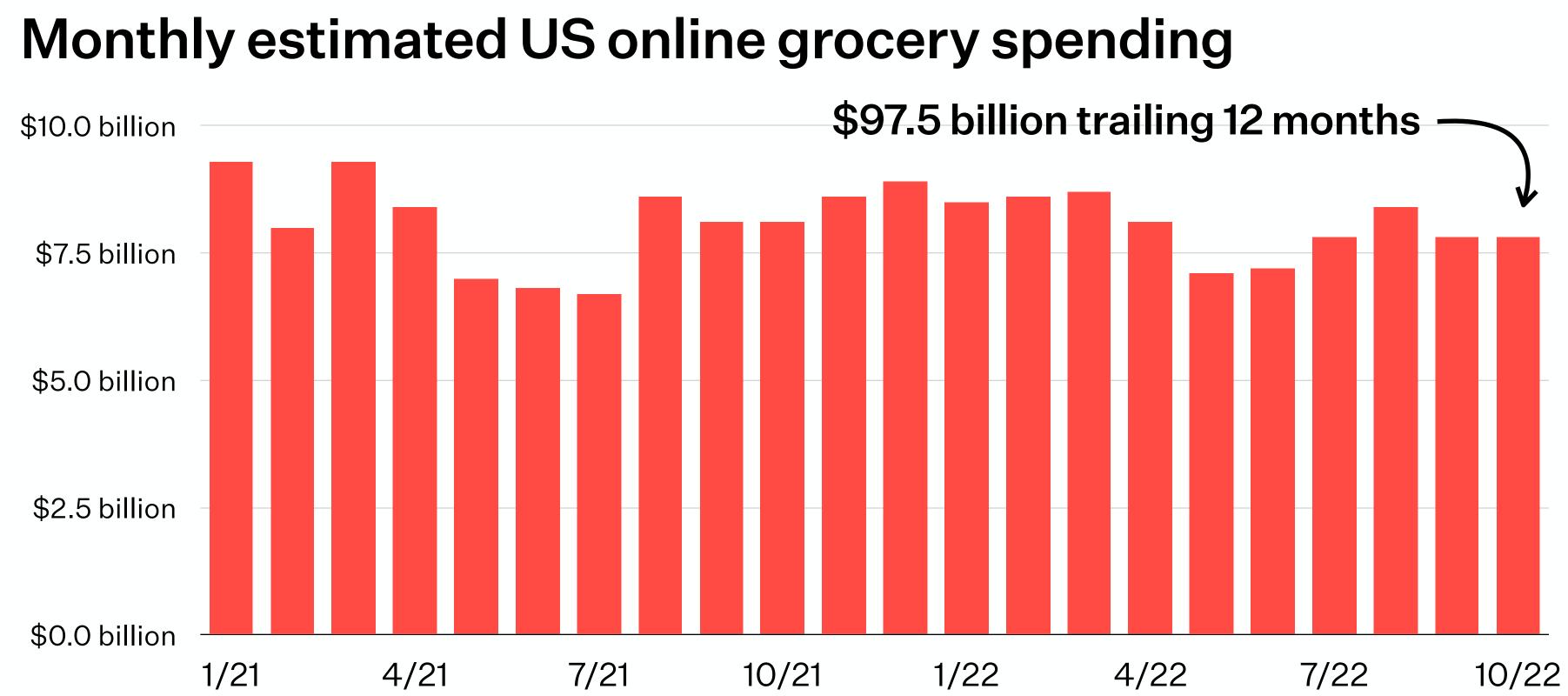
#### Year over year change in online grocery spending



Data: Earnest Analytics. 4-week trailing average.



### We remain interested because the market (and potential) is massive



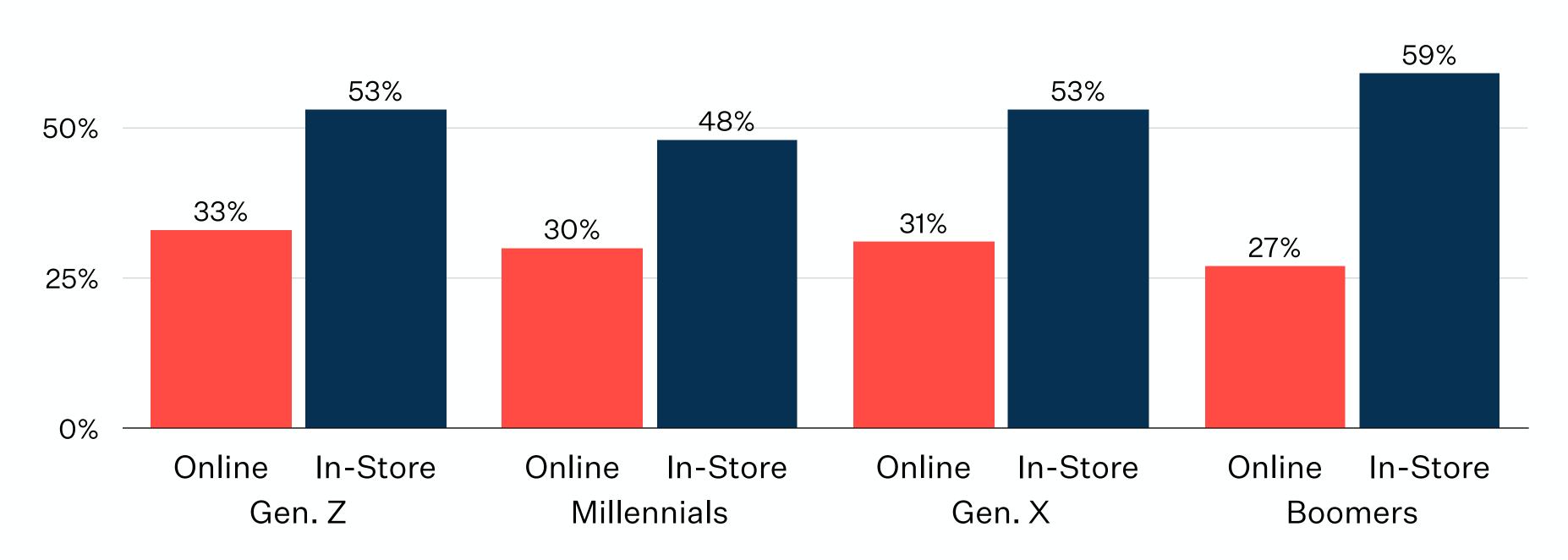
Data: Brick Meets Click / Mercatus Grocery Shopping Survey



### Today, most consumers still prefer shopping for groceries in-store

## Percentage of responses by generation: Which do you prefer: Buying groceries online or in-store?

75%

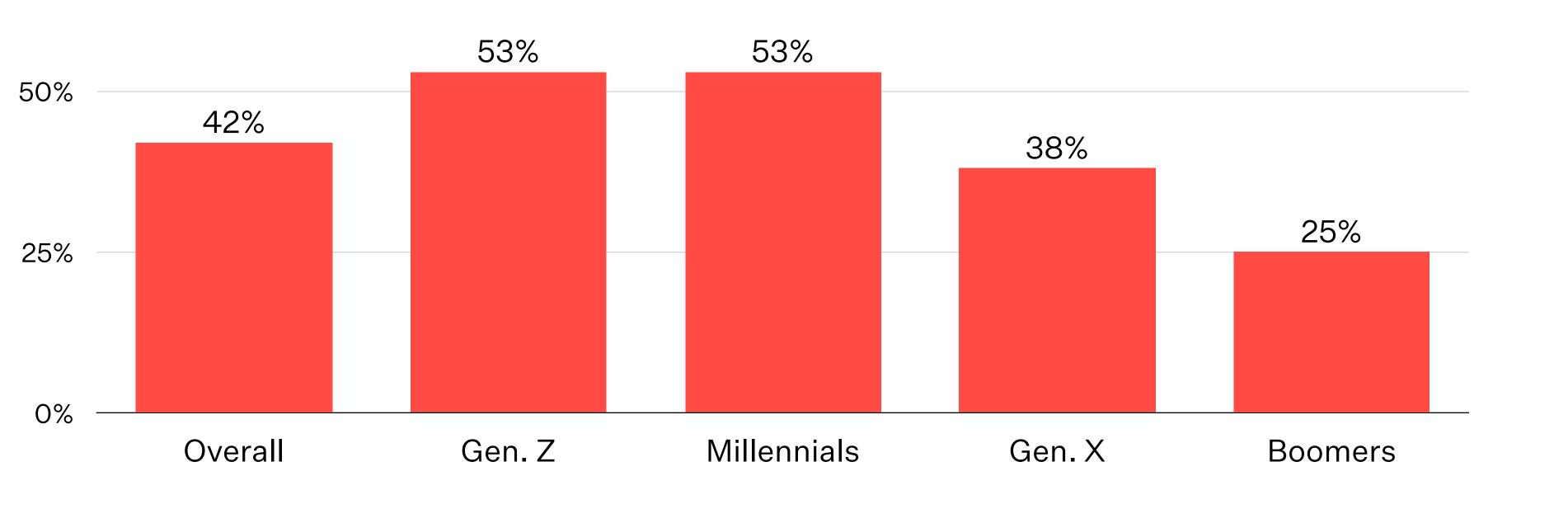


Data: Consumer Trends Survey, powered by **toluna\*** (n=1225. Among those who have purchased groceries both online and in-store. Remaining responses did not have a preference.)



### The grocery shopper of the future plans to spend an impressive amount online

75%

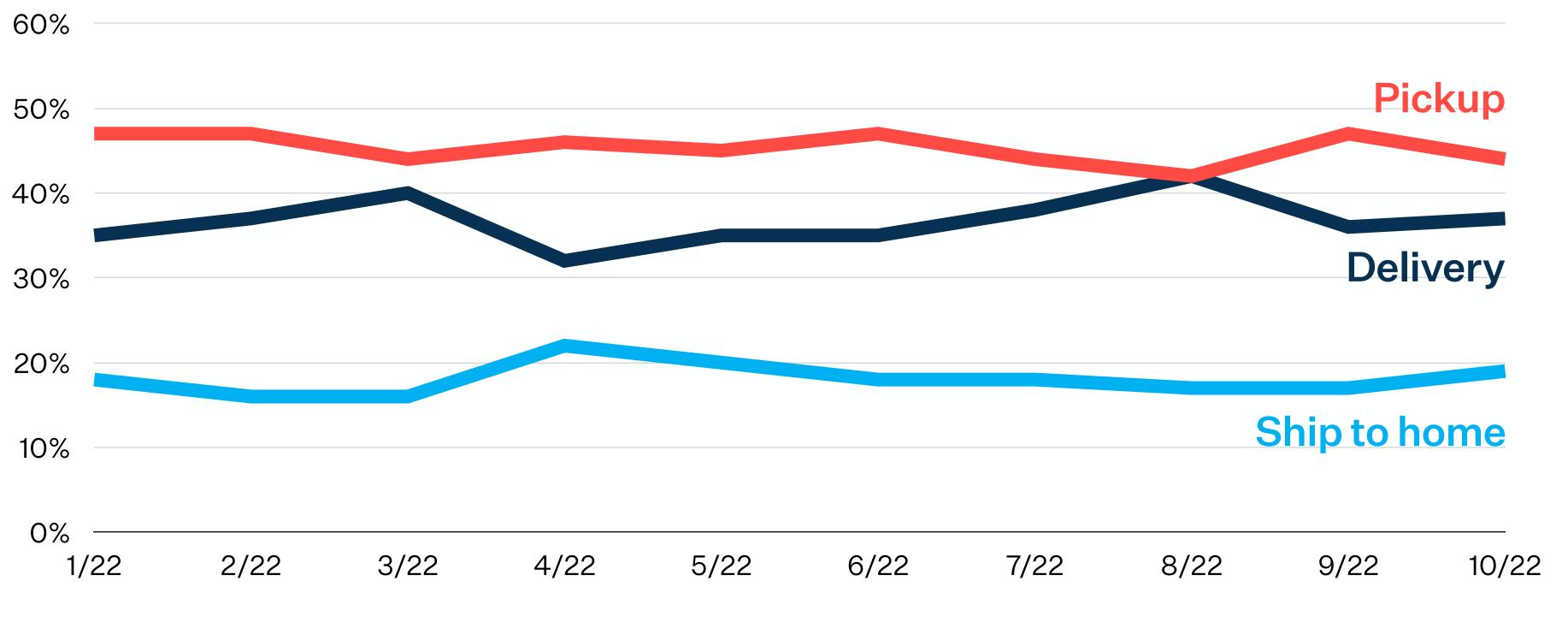


Data: Consumer Trends Survey, powered by toluna\* (n=2782. Among those who shop for groceries.)

Percentage of US consumers who say they plan to do 50% or more of their grocery shopping online over the next 12 months



### Grocery retail incumbents still matter: **Store pickup and delivery dominate**



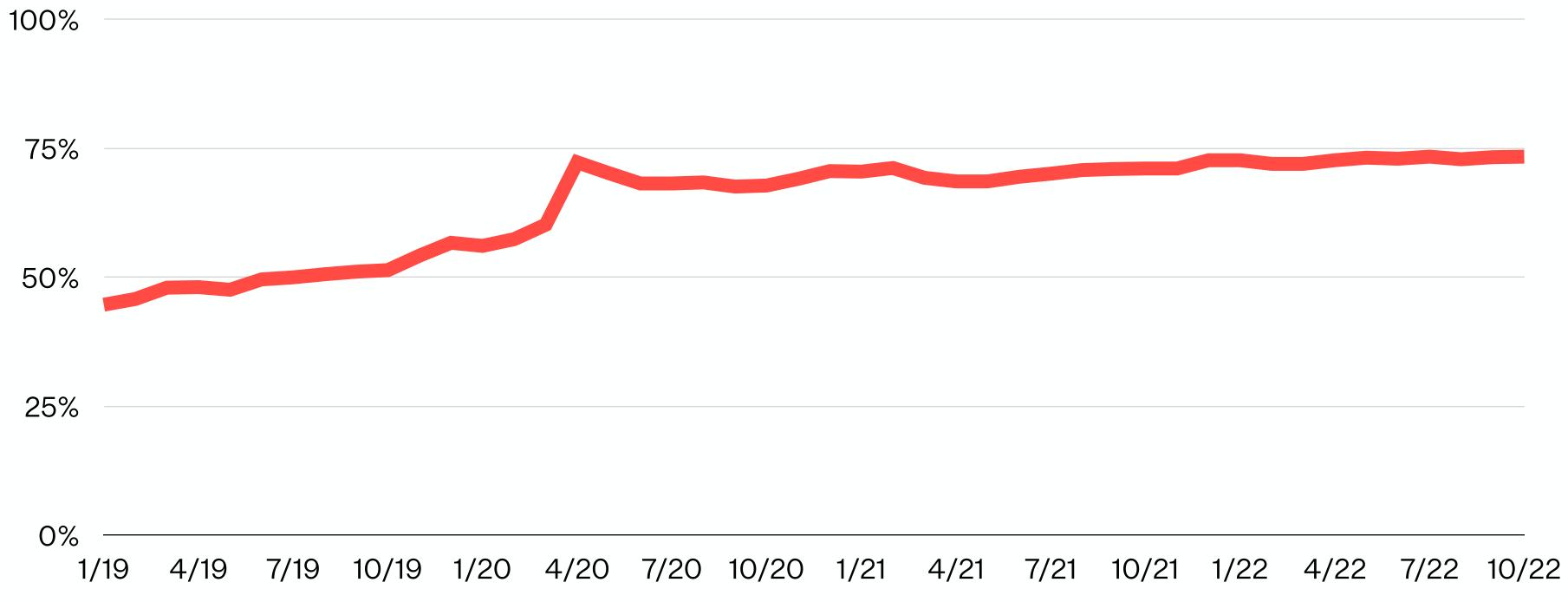
Data: Brick Meets Click / Mercatus Grocery Shopping Survey

Share of US online grocery spending by receiving method



### Instacart, which sits between consumers and grocers, has grown its market share

### Instacart's share of US consumer credit and debit card spending at online grocers, as measured by Earnest Analytics



**Data: Earnest Analytics** 



### **Convenience** is the top reason people shop for groceries online

## online? Please pick your top reason.

Saves me time

Do not want to leave the house

Easier to shop

Access to specific products / brands

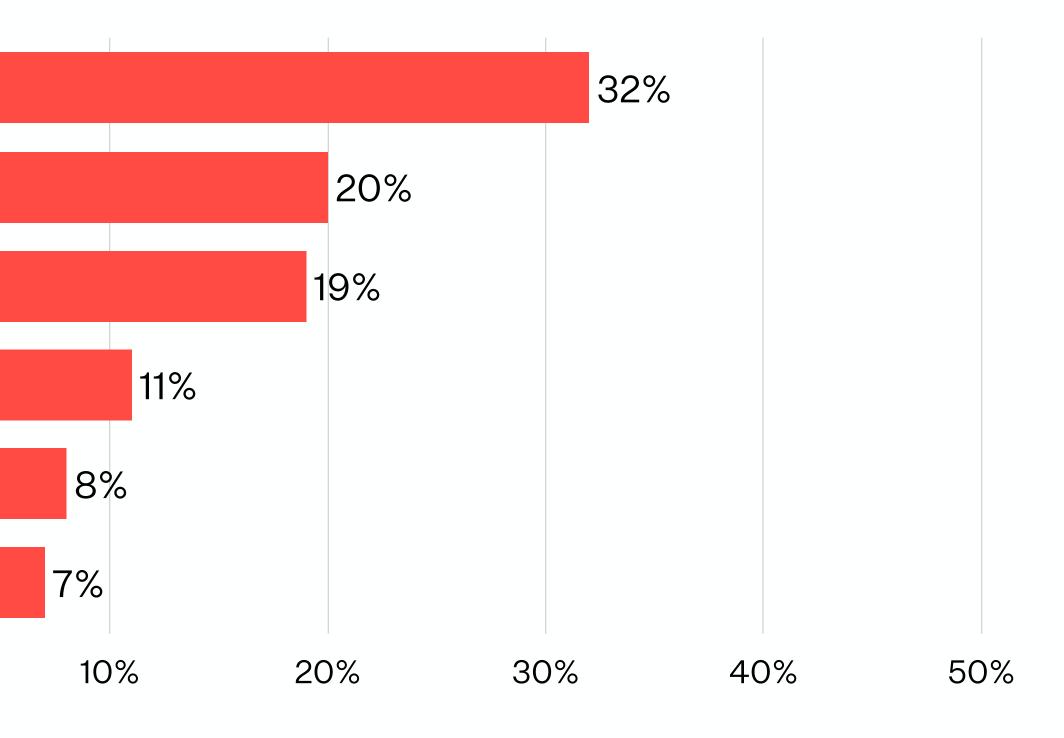
Saves me money

Better selection

0%

Data: Consumer Trends Survey, powered by **toluna\*** (n=1389. Among people who have shopped for groceries online.)

Percentage of responses: Why do you shop for groceries





### The next phase of grocery convenience is having the computer do the shopping

- not its customers.
- through its "personalization science."

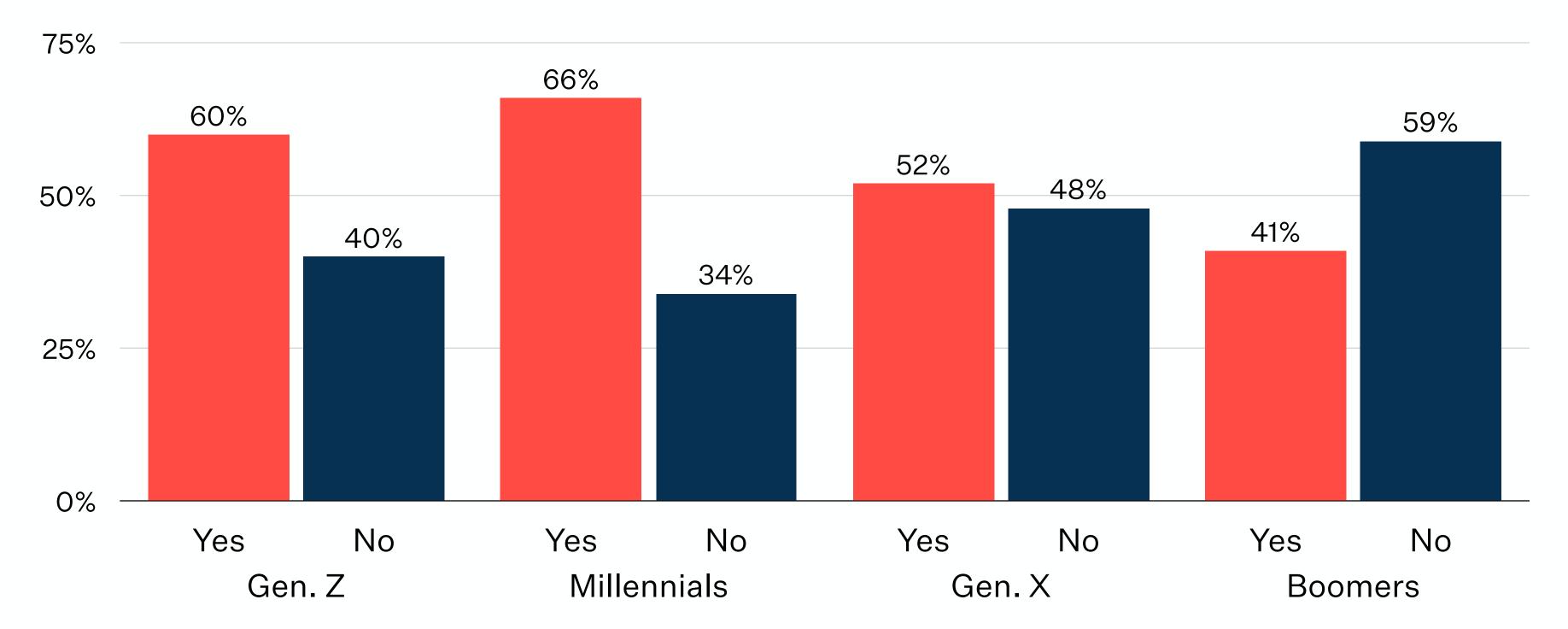
 $\rightarrow$  Hungryroot, an online grocery startup, says 70% of groceries purchased are chosen by its algorithms,

 $\rightarrow$  Kroger said in 2021 that 60% of all items in customers' digital shopping carts were added

 $\rightarrow$  This *is* convenient! It also helps grocers as they try to build high-margin digital advertising businesses.



### Algorithmic media consumption had many unintended consequences. Now food?



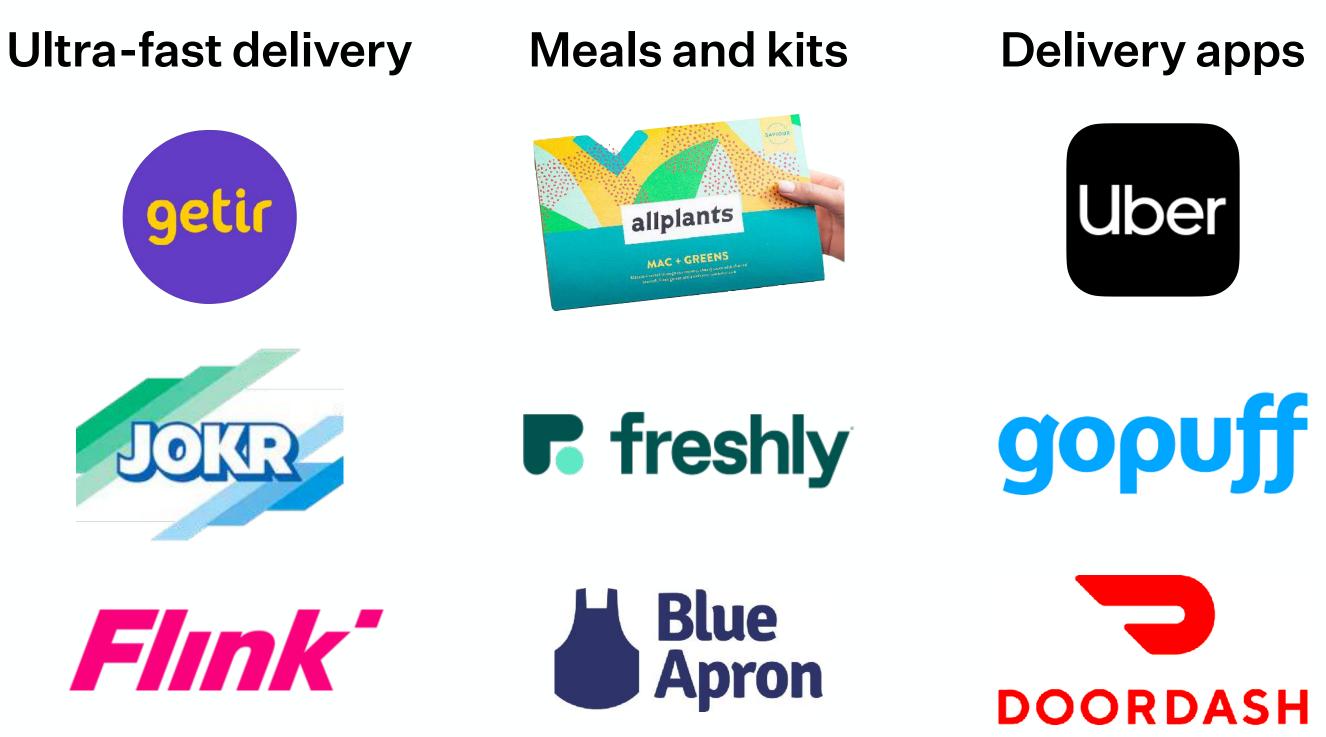
(n=2639 — among those who shop for groceries. June 2022 survey.) Data: Consumer Trends Survey, powered by **toluna\*** 

Percentage of responses by generation: Do online grocery stores have a responsibility to recommend healthy food?



### Expect more changes to this slide as e-commerce adoption drives innovation

### What's a grocery store?



**Internet-native grocers** 

DTC e-com.

THRIVE - MARKET -















### The future of fitness still looks like a hybrid digital and gym combination.

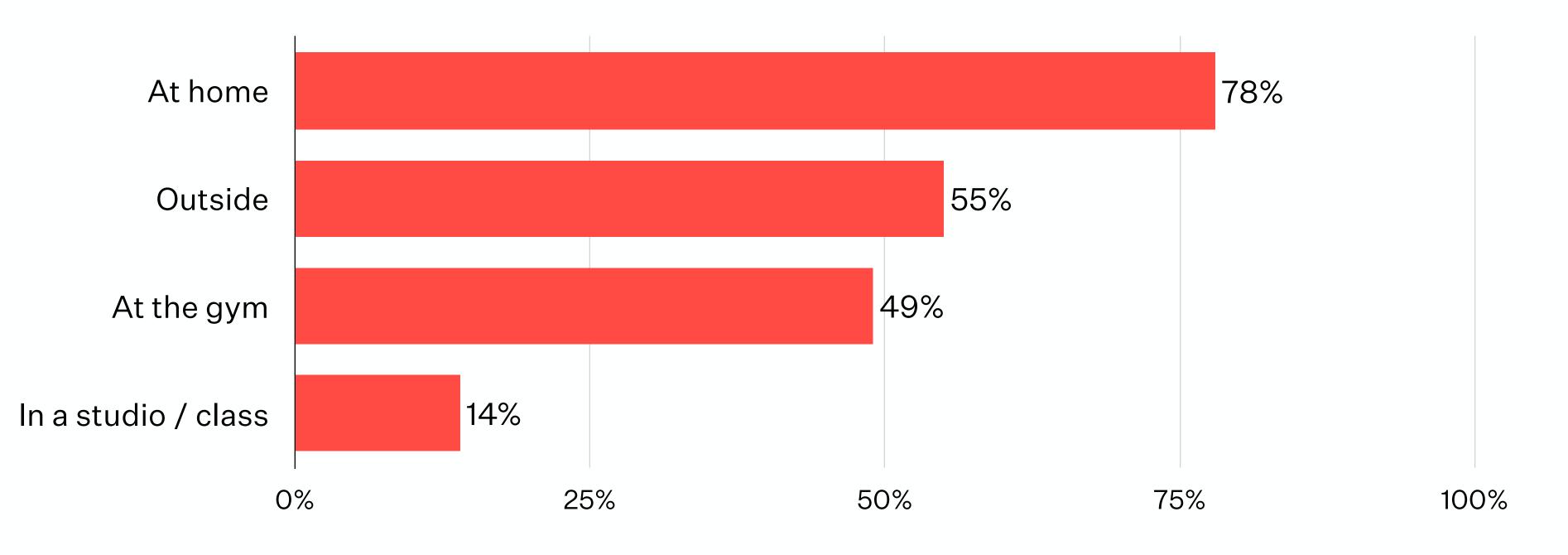


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### Entering the fourth year of the COVID era, most people who exercise say they've exercised at home

#### Where have you exercised?

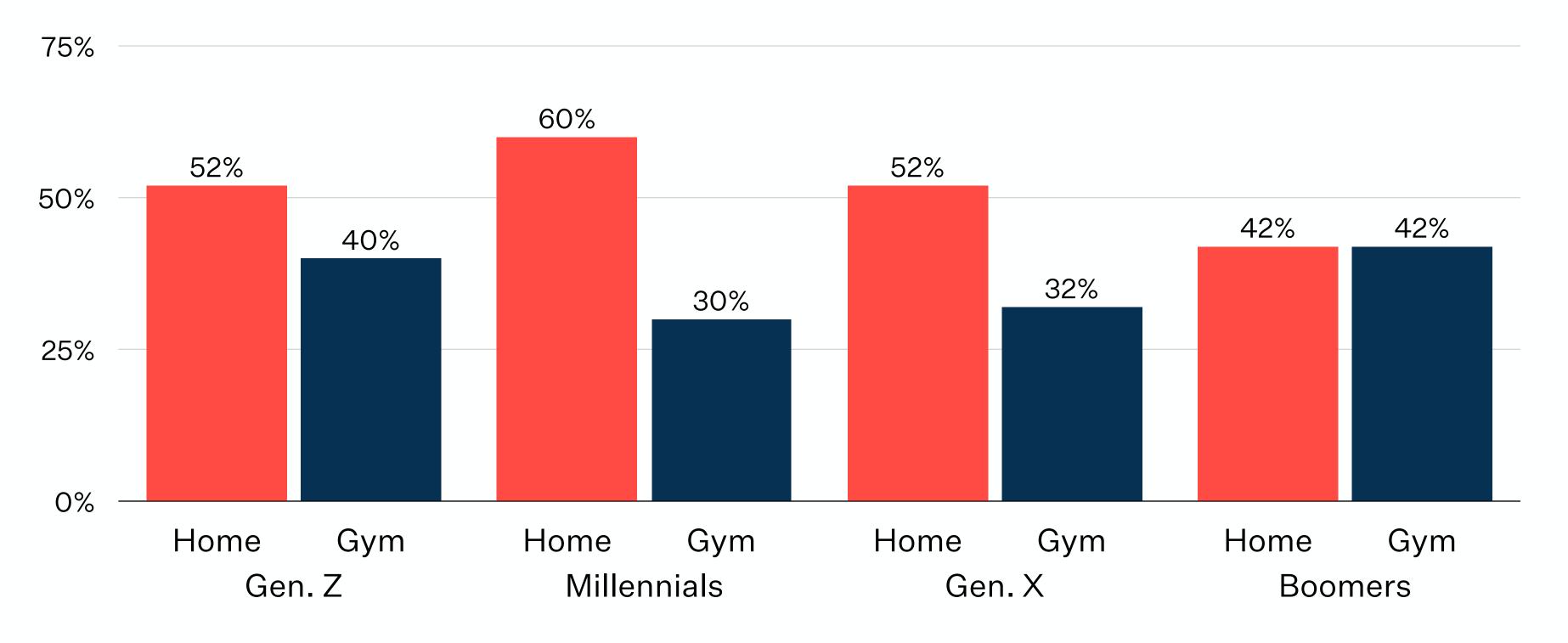


Data: Consumer Trends Survey, powered by **toluna\*** (n=1458. Among those who exercise and/or purchase gym equipment.)



# Millennials remain the sweet-spot target for digital fitness companies

Percentage of responses by generation: You said you exercised both at home/ outside and at a gym/studio. Which do you prefer?



Data: Consumer Trends Survey, powered by **toluna\*** (n=622. Remaining responses have no preference.)

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#### Home fitness is still a big story, but most people who exercise want gym access

#### Expected fitness routine split over the next 12 months

100% at home/outside, 0% in gym/studio

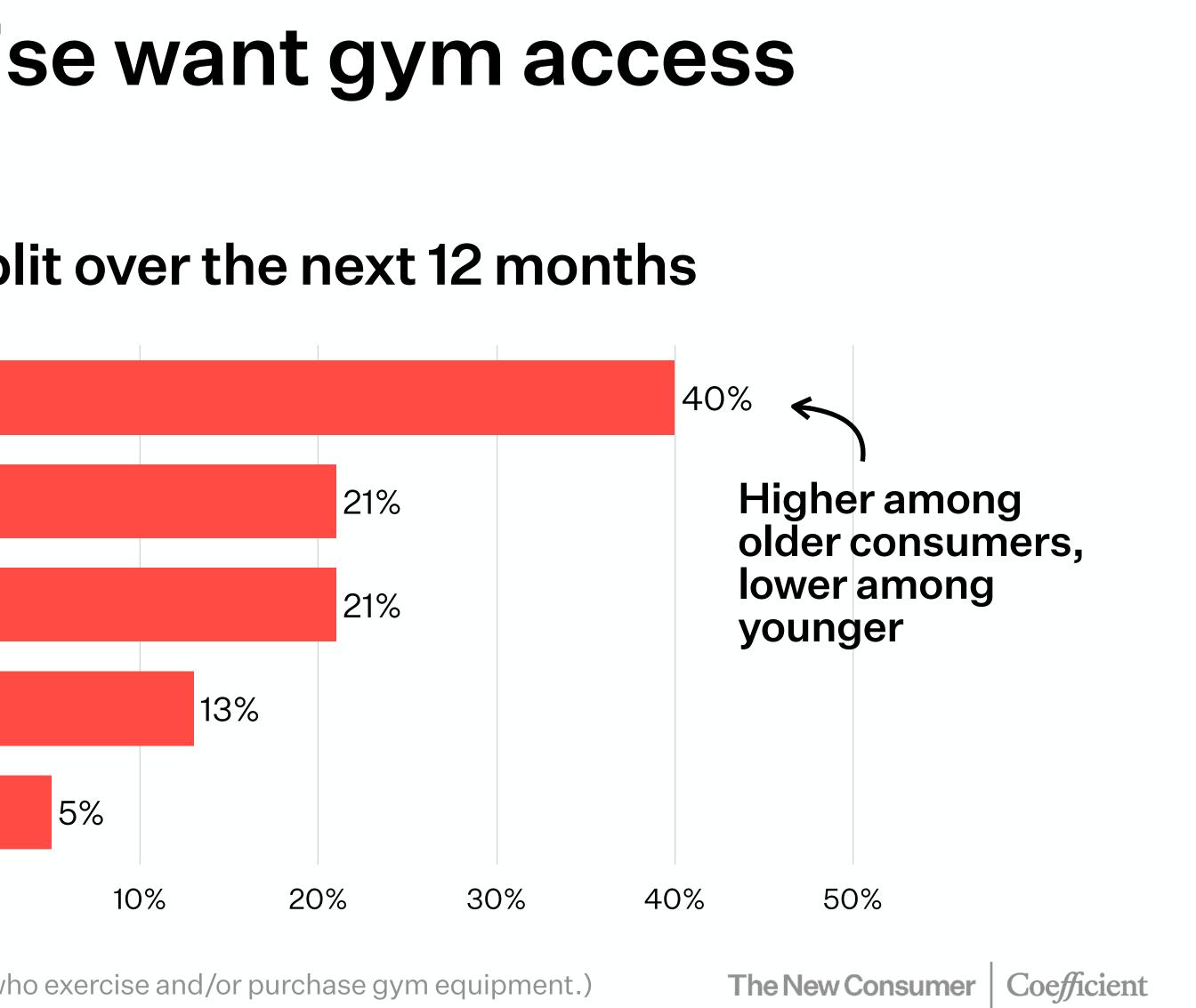
75% at home/outside, 25% in gym/studio

50% at home/outside, 50% in gym/studio

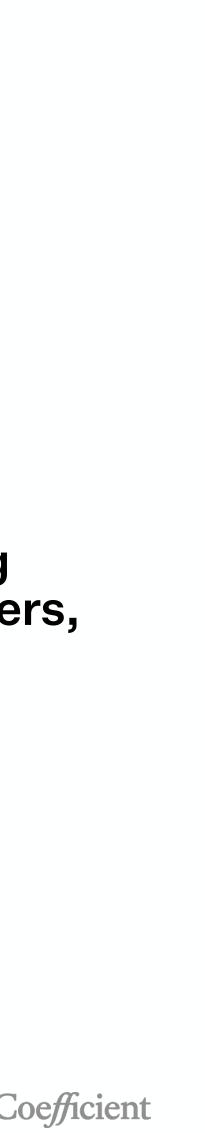
25% at home/outside, 75% in gym/studio

0% at home/outside, 100% in gym/studio

0%

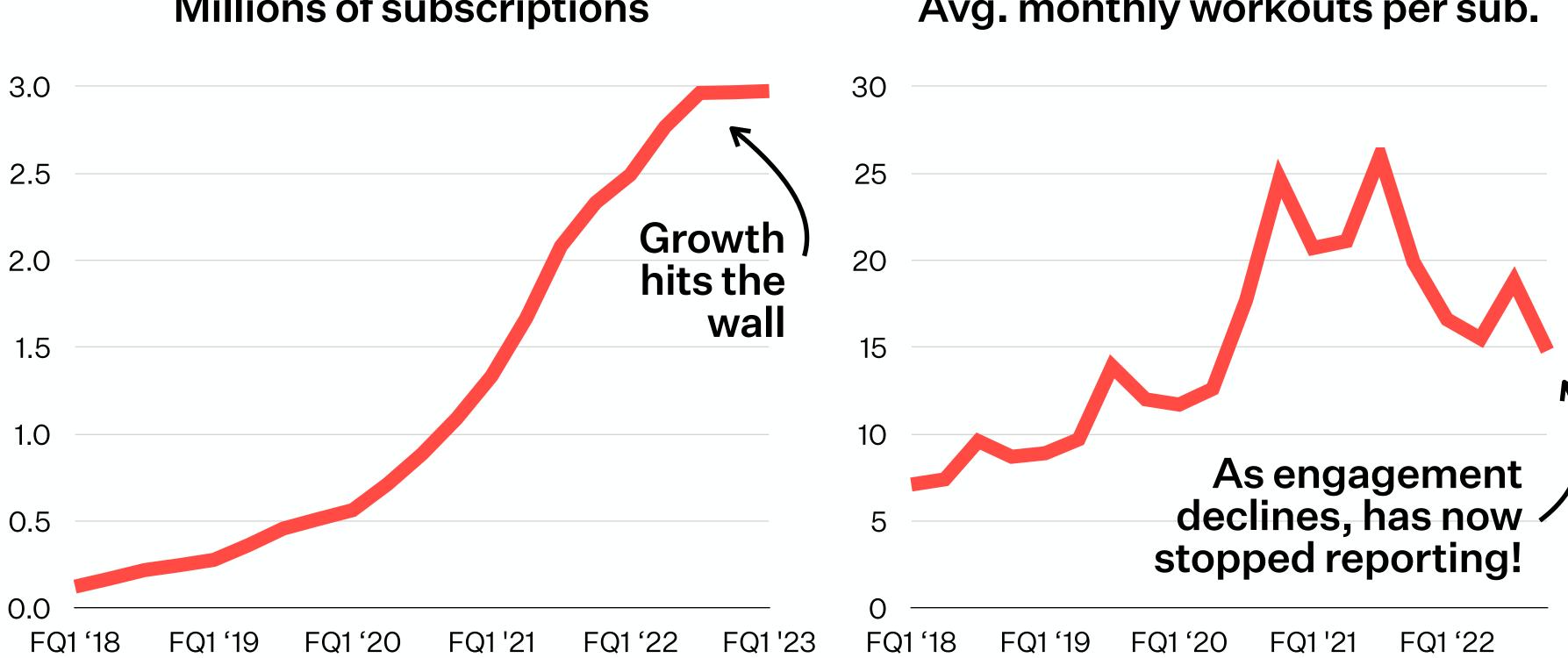


(n=1381. Among those who exercise and/or purchase gym equipment.)



#### Peloton remains the ultimate post-**COVID turnaround to watch**

#### Millions of subscriptions



Data: Peloton

Avg. monthly workouts per sub.





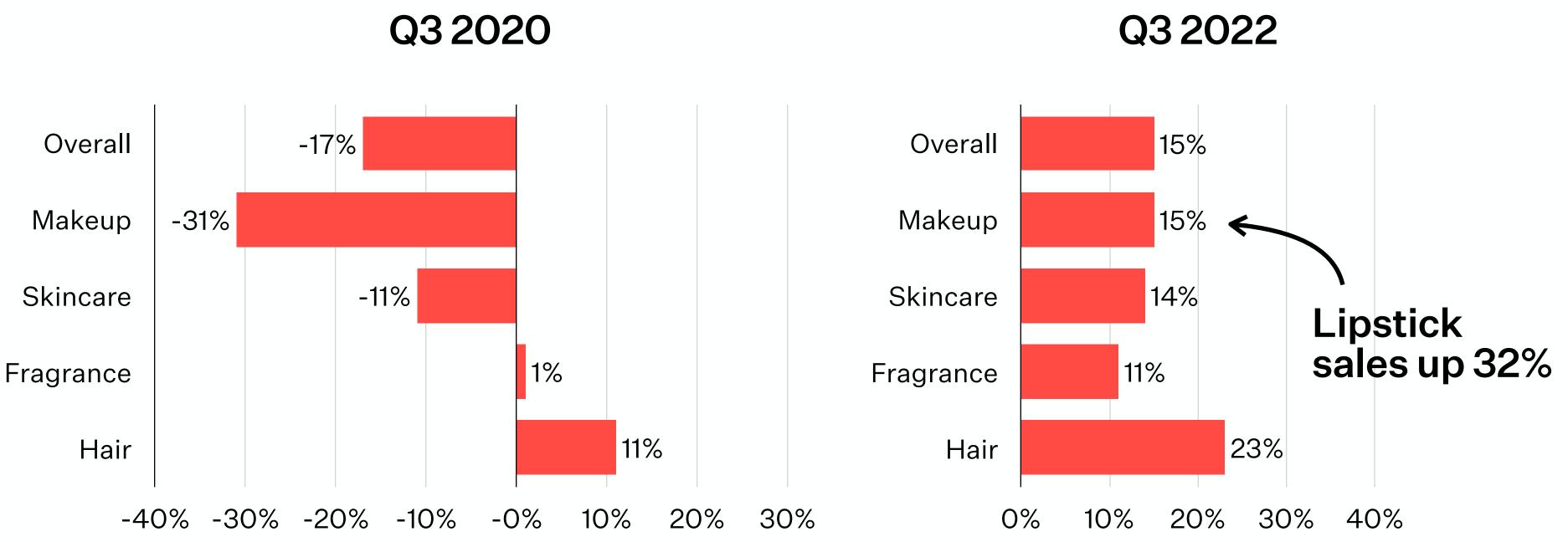
#### Prestige beauty sales are growing and younger consumers are willing to spend for super-premium.





#### What a difference two years makes: US prestige beauty sales grew 15% in Q3

Year-over-year change in US beauty sales

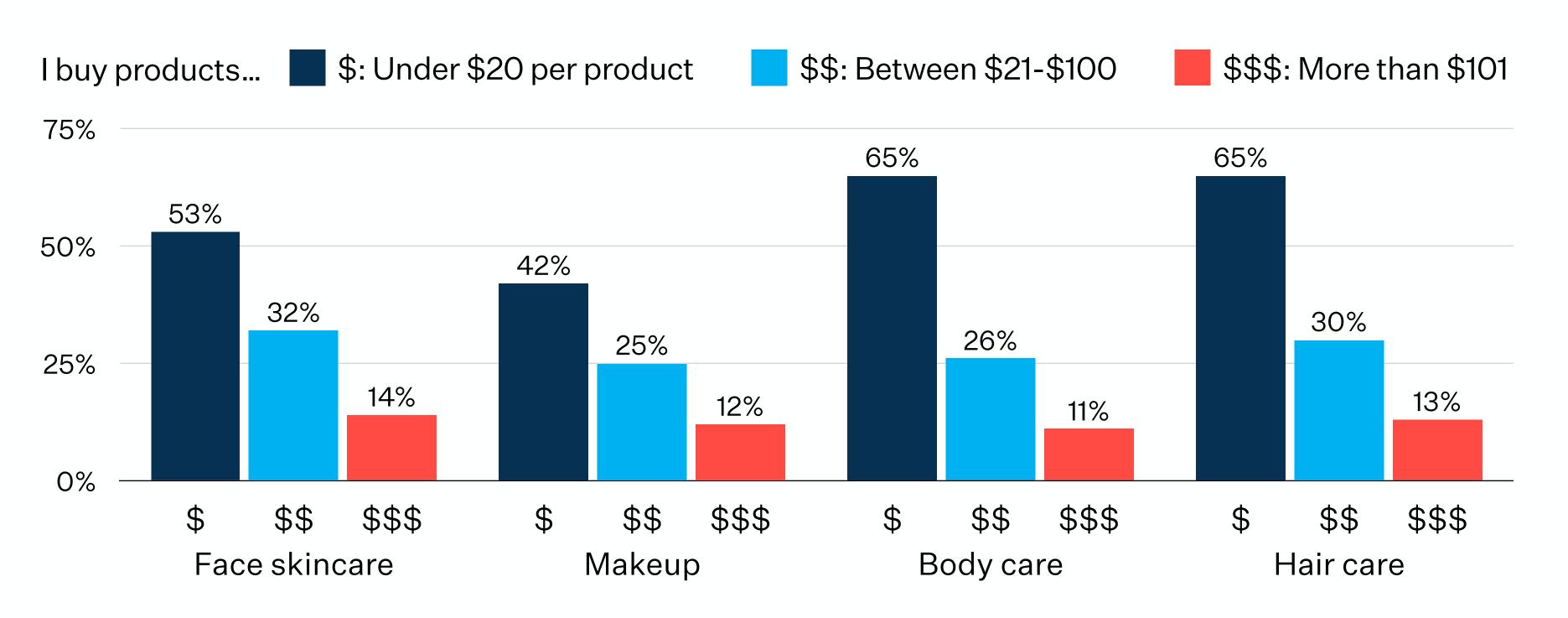


Data: NPD Group



# Most consumers tend to purchase inexpensive beauty products

## Percentage of responses: Please select the price points at which you purchase the listed personal care categories

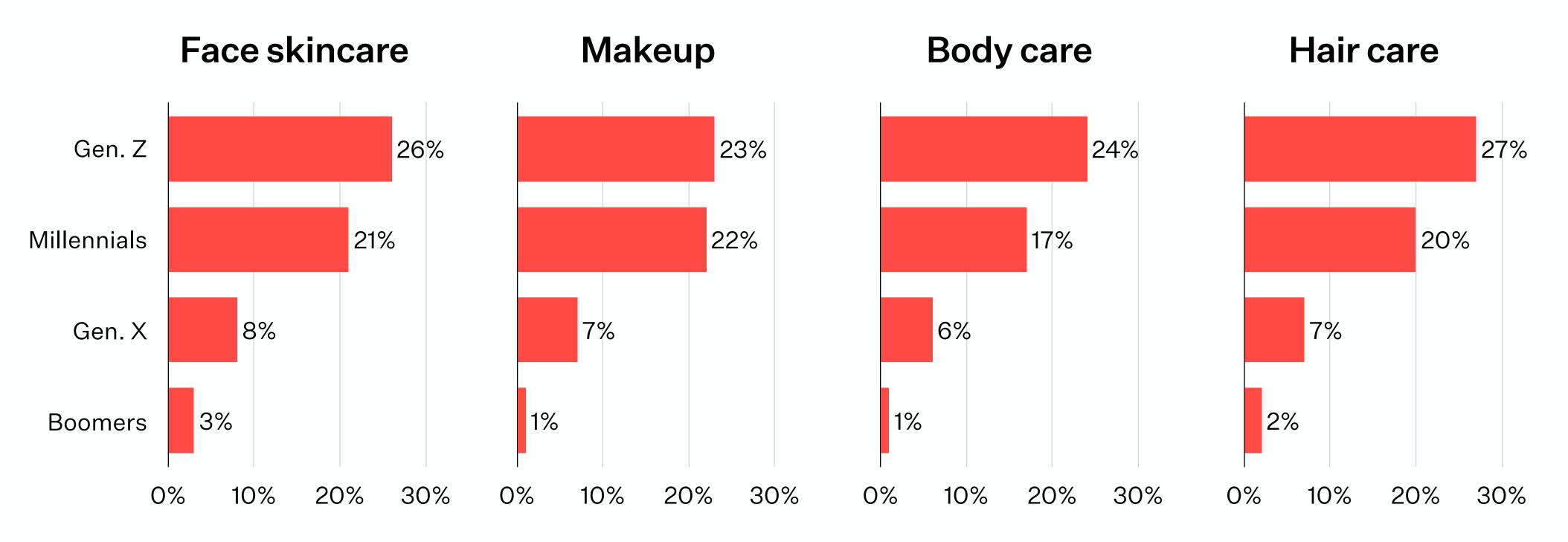


Data: Consumer Trends Survey, powered by **toluna\*** (n=2369)



#### Across beauty categories, Gen. Z and Millennials are willing to spend more

that cost more than \$101 per product



Data: Consumer Trends Survey, powered by **toluna\*** (n=2369)

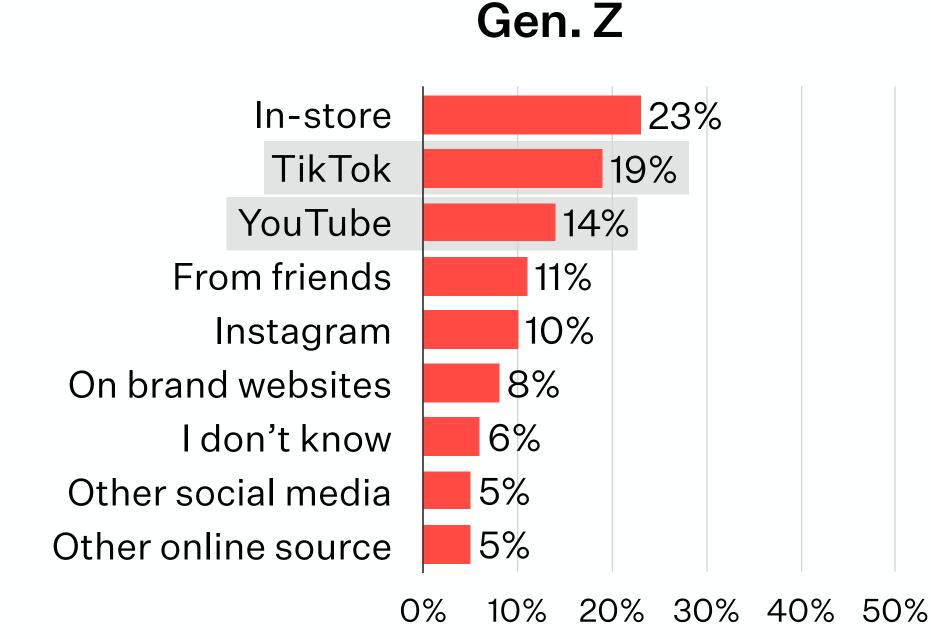
## Percentage of responses by generation: I buy products

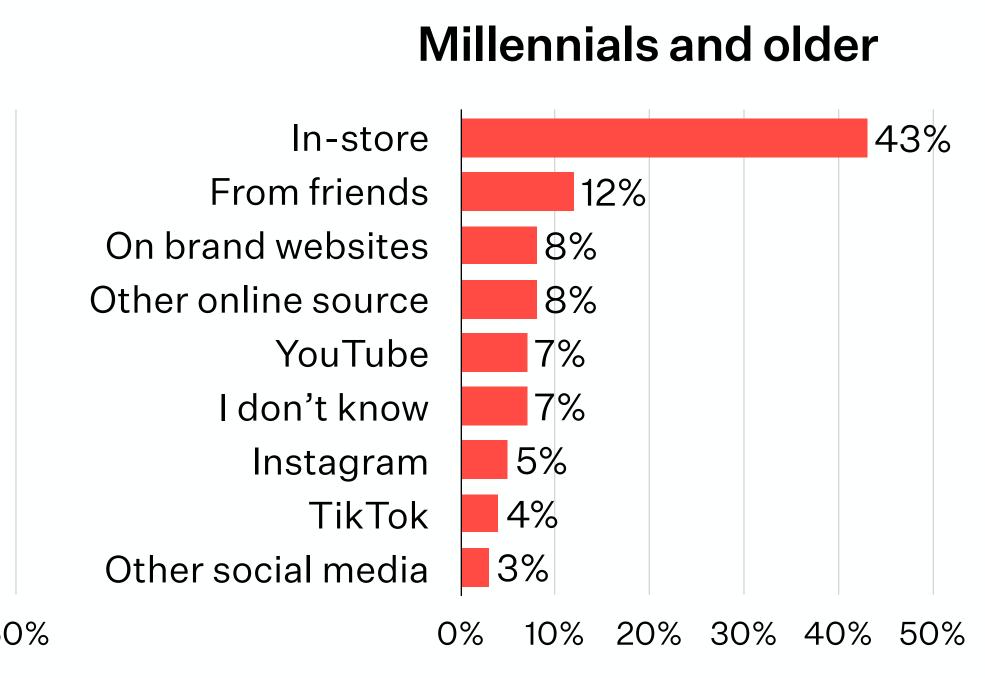
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### Gen. Z also discovers beauty products differently: On TikTok and YouTube

#### Percentage of responses by generation: Where do you primarily discover beauty or personal care products?





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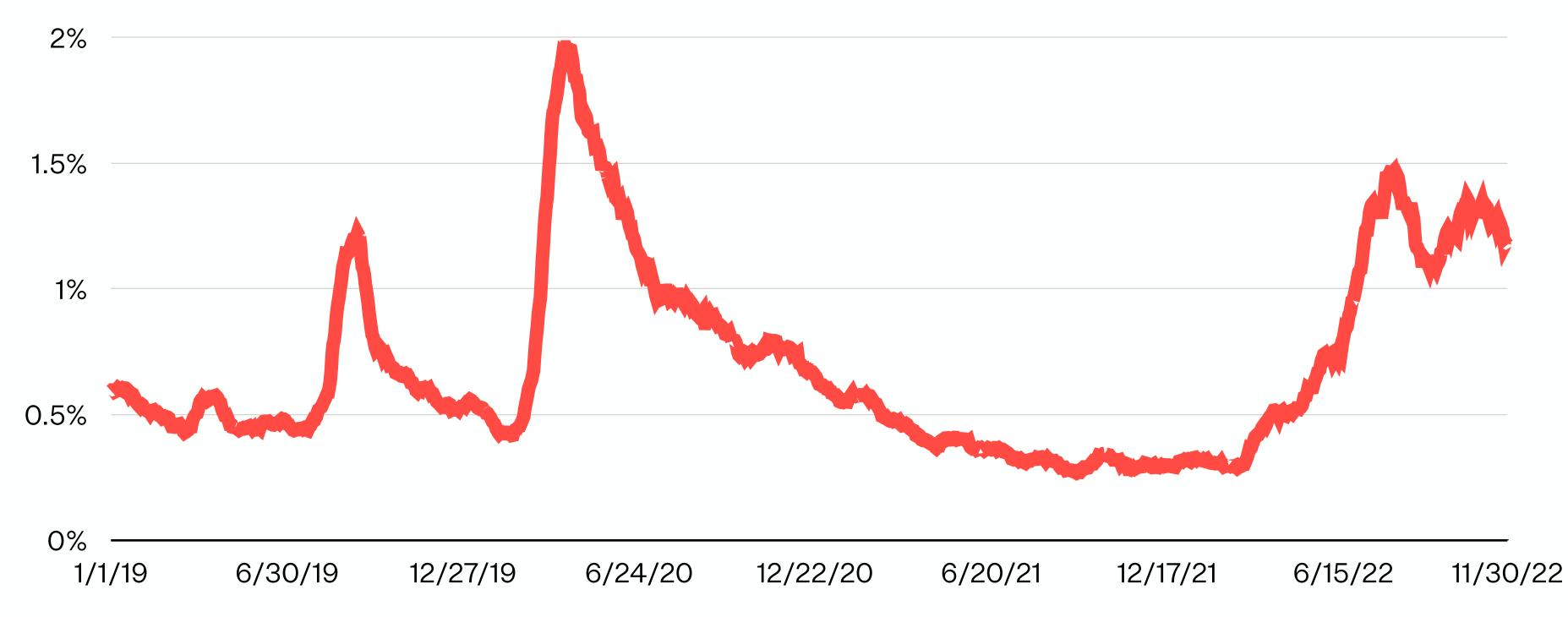
#### The big picture: In the US, the sky isn't falling. And we believe long-term consumer shifts will continue.

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## It sometimes feels like we're trying to talk ourselves into a recession

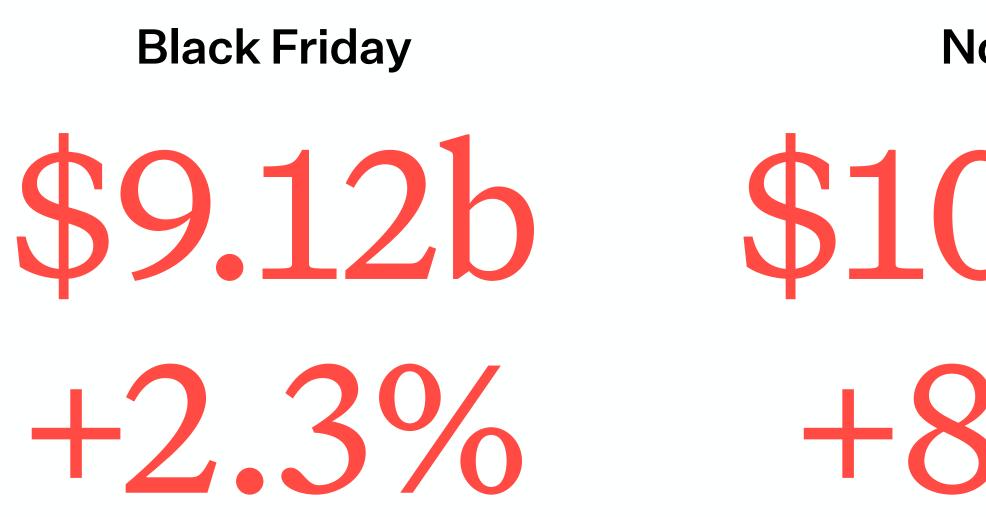
#### Percentage of monitored online news articles mentioning 'recession' or 'recessionary'



Data: GDELT. 30-day trailing average.



## But US Holiday e-commerce sales are solid so far, growing from last year



Cyber Monday electronics discounts set a record high, peaking at 25% off listed price, vs. 8% in 2021. Apparel discounts were 18%, up from 13%.

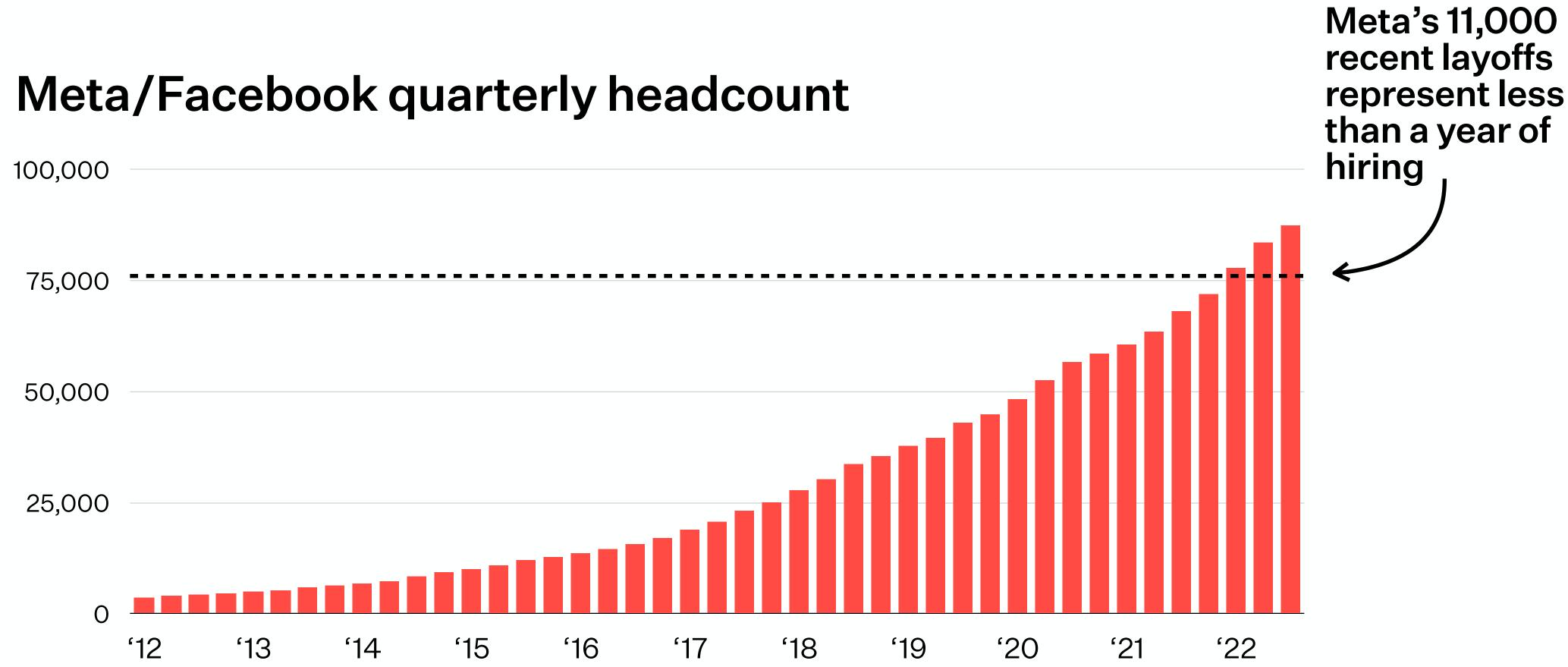
Data: Adobe

Nov. 1-28 Holiday season forecast \$107.7b \$210.1b +8.7% +2.8%

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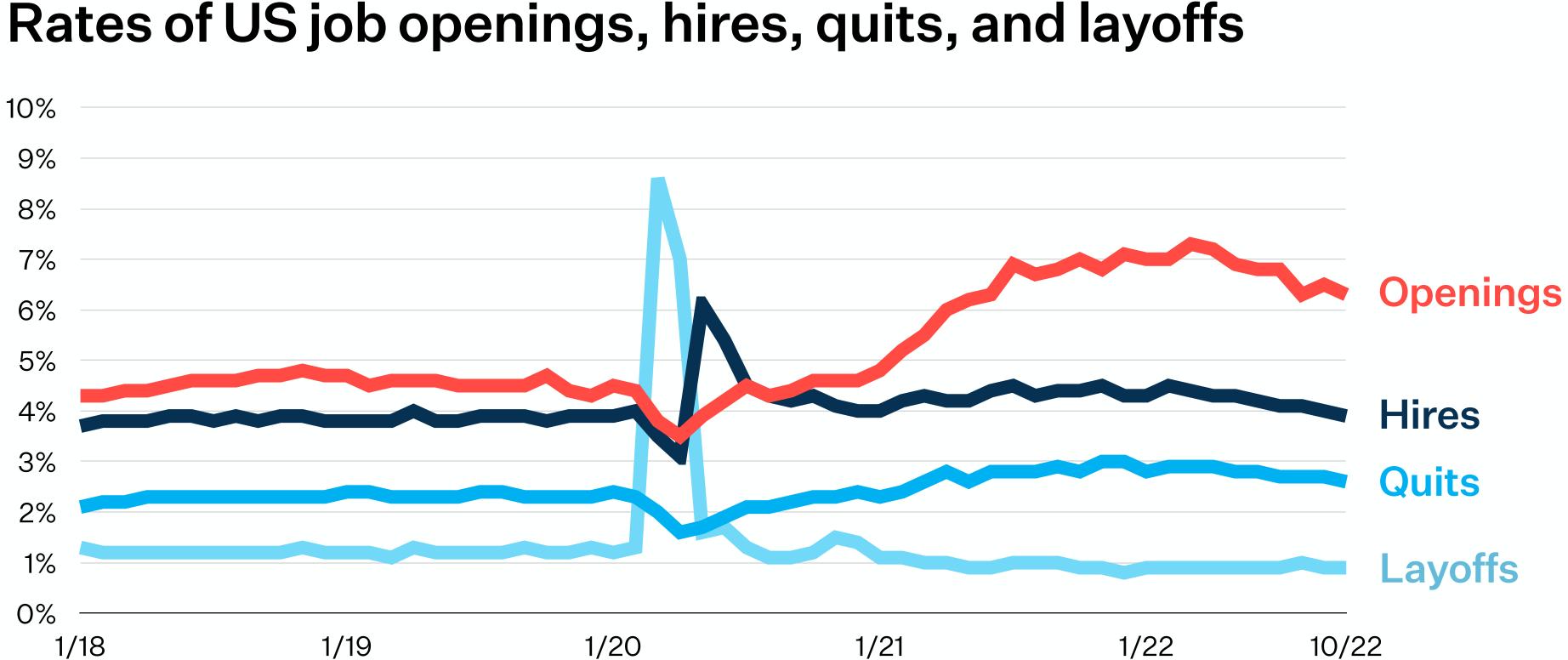
### Tech layoffs are getting headlines, but so far, look like trims from over-hiring



Data: Meta/Facebook



### Job openings and hiring are down this fall, but layoffs are still low and stable



Data: US Bureau of Labor Statistics. Hires, quits, and layoffs are calculated as a proportion of employment. Openings are calculated as a proportion of the sum of employment plus openings.

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#### Heading into 2023, we believe the new consumer economy is alive and well.



**Special Thanks:** Natalie Borowski Arpon Ray Andrew Ren Caroline Lippman Anna Whiteman Andrew Goletka Franklin Isacson

Toluna Earnest Analytics



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